

CONTINUING EDUCATION

Personal Enrichment for the Community

PENSACOLA STATE COLLEGE





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PENSACOLA STATE COLLEGE

Need Help with Registration?

Call us today at 850-484-1797 ce.PensacolaState.edu

Office hours: Monday-Friday, 7:30 a.m.-4:00 p.m.

We have your best interest in mind.

Classes scheduled on campus will be designed with cleanliness in mind, including smaller class sizes. Should classes need to be canceled for any reason, registration fees will be refunded to students. We offer a variety of online classes that you can attend from the comfort of your own home. We appreciate any suggestions on what classes you'd like.

Just email us at ce@pensacolastate.edu or message us on Facebook (facebook.com/PSCcontinuingeducation).

IMPORTANT DETAILS

- Classes require a minimum enrollment before they can run. If a class is canceled, participants will be notified at least 3 days before class is scheduled to begin.
- We encourage you to register early so that your favorite class isn't canceled.
 If you cannot attend a class for which you have registered, please call our office at 850-484-1797 at least a week before class starts to receive a refund.
- In case of inclement weather, we will notify participants of rescheduling or cancellation at the earliest possible time. If PSC is closed due to weather, please note that all classes scheduled for that day are canceled and will be rescheduled for the earliest possible date.
- Go to pensacolastate.edu to sign up for PSC Alert for notifications of emergency closings.

The College will be closed the following dates:

MARTIN LUTHER KING JR. DAY — Monday, January 1

SPRING BREAK — Monday-Sunday, March 14-20

Arts & Humanities
Art3
Music & Theatre3
Photography3
Languages & Writing
Language4
Reading & Writing5
Dogs & Pets6
Food & Entertainment 6
Hobbies & DIY
Small Engine & Auto6
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Pensacola State College does not discriminate against any person on the basis of race, ethnicity, national origin, color, gender/sex, age, religion, marital status, pregnancy, disability, sexual orientation, gender identity, or genetic information in its educational programs, activities, or employment. For inquiries regarding Title IX and the College's nondiscrimination policies, contact the Executive Director, institutional Equity and Student Conduct at 850-484-1759, Pensacola State College, 1000 College Blvd., Pensacola, Florida 32504

ARTS & HUMANITIES

ART COURSES

Acrylic Painting with Angel Edwards

Learn to use acrylic paints to produce a painting by applying the fundamentals of color theory, composition, and various techniques. (10 hours) Course R 06144.

March 29-April 26 Tuesdays

6:00 p.m.-8:00 p.m. **Section # 8221** Bldg. 17, Room 1707 Pensacola Campus

Creating Comics

If you want to learn how to make comics, even if you do not call yourself an artist, come and draw! Guided by comic artist Buu-Tran Duong, make funny comics, serious comics, dry comics, etc.! (8 hours) Course R 06581.

Fridays February 4-25 1:00 p.m.-3:00 p.m. Section # 8368 Bldg. 96, Room 9663 Pensacola Campus

Foundations of Drawing and Composition with Angel Edwards

Learn elements of art and principles of drawing and design. Develop concepts of perspective and composition to produce still-life, landscape and portrait drawings of three-dimensional images on a flat surface. (10 hours) Course R 06151.

Thursdays February 10-March 10 Section # 8220 6:00 p.m.-8:00 p.m. Bldg. 17, Room 1707 Pensacola Campus

Jewelry and Metalsmithing Introduction

Beginning jewelry artists learn foundational metalsmithing and stone setting skills. Well-known instructor Doug Reiser introduces students to hand and powered jewelry tools and techniques for soldering, sawing, drilling, texturing, riveting, finishing, polishing and fabrication. Doug Reiser will provide a list of tools and supplies for students to purchase. (56 hours) Course R 06563.

Tues/Thurs February 8-April 26 9:00 a.m.-11:40 a.m. **Section # 8069** Bldg. 15, Room 1580 Pensacola Campus

Drawing for the Absolute Beginner

An expert instructor will guide you through an exciting, informative exploration of drawing materials, lighting techniques, design and layout methods, and more. (12 hours) Course R 03895.

Online Ed2Go Open Enrollment **Section #8118**

MUSIC & THEATRE COURSES

\$153 Acting Coaching 1-1

Students receive one-on-one coaching for their acting careers. They will also receive weekly audition updates in film, TV, commercials and plays. (6 hours) Course R 04765.

NOTE: Before registering, please call 850-484-1797 for details.

with Lawrence Gamell Private Lessons Pensacola Campus **Section # 8001**

Music Academy

PSC Music Academy offers private lessons for beginner, Intermediate, and advanced students to help them develop musical skills. Courses are offered in Piano and Voice with a college Music-Theatre Department instructor.

(Prices vary from \$70 to \$180.)

NOTE: Students will need to coordinate with the PSC Music Department (850-484-1800) before registering.

Music Made Easy

Study rhythm, melody, and harmony. Learn to recognize pitches and harmony. (12 hours) Course R 03904.

Online Ed2Go

Open Enrollment Section # 8133

PHOTOGRAPHY COURSES

Basic Photography Workshop with James Stegall

Learn about F-stops, shutter speeds, and ISO's through hands-on photo opportunities at various locations and walk away with some great shots. Camera required (with charged batteries and film/ card, money for lunch and own transportation for fieldtrip). (7 hours) Course R 05273.

Fri/Sat February 25-26 7:30 a.m.-11:00 a.m. Section #8043 Bldg. 96, Room 9663 Pensacola Campus

Individual Photography (Private Lessons)

One-on-one instruction and coaching is to improve photography skills. Suitable for all levels of ability.

(6 hours) Course R 05075

\$68

NOTE: Class scheduling is arranged between student and instructor. For more information call 850-484-1797.

with James Stegall **Private Lessons** Pensacola Campus Section # 8042

Nature Photography with James Stegall

\$46

Hands on photography on location in the field—begin in class then go to natural sites to take photos and learn tips to get those beautiful award-winning shots that make you proud. (7 hours) Course R 05276.

NOTE: Camera required (and bring charged batteries and film or card), money for lunch, and provide own transportation for fieldtrip.

Fri/Sat March 25-26 7:30 a.m.-11:00 a.m. Section # 8044 Bldg. 96, Room 9663 Pensacola Campus

Night Shoot Photography Workshop with James Stegall

Get beautiful photographs of things at night without using a flash. Field trips are planned to various locations around Pensacola for capturing a variety of scenes for hands-on photo opportunities. Camera required (include charged batteries and film or card) and provide own transportation for fieldtrip. (4 hours) Course R 05274.

February 11 6:30 p.m.-10:30 p.m. Section # 8045 Bldg. 96, Room 9663 Pensacola Campus

Discover Digital Photography

\$99

\$38

Informative introduction to the fascinating world of digital photography equipment. (12 hours) Course R 02083.

Open Enrollment Section # 8109

Photographing Nature with Your Digital Camera

\$99

Learn how to use your digital camera to take stunning nature photos including: landscapes, flowers, animals, and even macro shots. (12 hours) Course R 04339.

Online Ed2Go **Open Enrollment Section # 8140**

Photographing People with Your Digital Camera

\$99

Make taking beautiful pictures of adults, children and babies simple. Review and discover the best ways to shoot faces, repair common problems, and more. (12 hours) Course R 02675.

Online **Open Enrollment** Ed2Go

Section # 8141

Photoshop Creative Cloud for Digital Photographers

Learn step-by-step to correct flaws, enhance photos, add text and prepare images for email and the web using Adobe Photoshop CC. a powerful subscription software, provides support and specialized editing tools. (12 hours) Course R 05310.

Online **Open Enrollment**

Section # 8142

Photoshop Elements for the Digital Photographer

Learn to do quick fixes or detailed enhancements to improve digital images. Explore the features and tools to control the powerful technology of Photoshop Elements. (12 hours) Course R 05701.

Open Enrollment

Ed2Go

Section # 8138

Photoshop Elements for the Digital Photographer II

Master advanced features of Adobe Photoshop Elements 13 to improve digital images. (12 hours) Course R 05702.

Online **Open Enrollment** Ed2Go

Section # 8139

Secrets of Better Photography

Explore strategies; learn a variety of tricks to create excellent photographs in all types of situations. (12 hours) Course R 02373.

Online **Open Enrollment** Ed2Go

Section # 8115

Travel Photography for the Digital Photographer

Learn tools and tricks that enable digital photographers to capture scenes from around the world and bring them home. (12 hours) Course R 04170.

Online

Ed2Go

Open Enrollment

Section #8110

Your Digital SLR Camera

\$99

Get control of your digital SLR camera; master aperture, shutter speed, ISO, exposure settings and more. (12 hours) Course R 05264.

Online

Ed2Go

Section # 8117 Open Enrollment



Online courses are available each month Jan. 12, Feb. 9, Mar. 16, Apr. 13

Go to www.ed2go.com/ce for course descriptions and to begin lessons.

Go to ce.pensacolastate.edu to register and pay using *Register Now*

Need help?

Call Continuing Education, 850-484-1797

LANGUAGES & WRITING

LANGUAGE COURSES

ASL I, Sign Language with Donley Bratsch

ASL I is an introduction to American Sign Language (ASL). Includes basic grammar, vocabulary, fingerspelling, numbers, and cultural information related to the Deaf Community. (16 hours) Course R 06255

Mons/Weds 6:00 p.m.-8:00 p.m. Bldg. 4, Room 0471

February 2-28 Section # 8076 Pensacola Campus

French Individual Lessons

\$153

Take private lessons with a native speaker of French to learn basics, refresh knowledge or improve skills through study of French grammar, pronunciation, and usage. Progress at your own pace.

NOTE: Scheduling of lessons is arranged between student and instructor. Before registering call 850-484-1797. (6 hours) Course R 05423.

Private Lessons

with Dr. Alexandrine Nash

Pensacola Campus

Section # 8372

German Individual Lessons

\$153

Private lessons in German are customized to help achieve personal goals. This allows for a concentration of language instruction and a flexible pace. (6 hours) Course R 06461.

NOTE: Please call 850-484-1797 for specifics before registering.

Private Lessons

with Udo Frevhofer

Pensacola Campus

Section # 8373

Italian Conversation with Dora Omerico

\$87

This course is an introduction to the Italian language, culture, people and history: suitable for individuals who are planning a trip to Italy or who just want to learn. (16 hours) Course R 06001.

Mondays 4:00 p.m.-6:00 p.m. Bldg. 4, Room 0471

February 21-April 18 **Section # 8071** Pensacola Campus

Conversational Japanese

Whether you want to learn Japanese for travel or just for fun, you will find this course makes it easy and enjoyable for beginners to master the essentials of the Japanese language. (12 hours) Course R 04341.

Online

Ed2Go

Open Enrollment

Section # 8130

Discover Sign Language

\$99

Learn to communicate with your hands using Sign Language. Videos enhance instruction. (12 hours) Course R 05448.

Online

Ed2Go

Open Enrollment

Section # 8147

Discover Sign Language II

\$115

Learn to build phrases and sentences with the vocabulary from Discover Sign Language 1. Add vocabulary, more signing practice in phrases and sentences. Record your signing for review. Explore deaf culture, its history, famous deaf individuals, and impact of recent laws and technology on the modern-day deaf community. (24 hours) Course R 06526.

Open Enrollment

Section # 8161

French, Beginning Conversational

Learn common French words and phrases for leisure and business. Pronunciation is made simple with phonetic spellings for every word and phrase you need to learn. (12 hours) Course R 02653.

Online

Ed2Go

Open Enrollment

Section # 8120

Grammar Refresher

Grammar is fun if you know the rules. Interactive exercises will give you ample opportunity to put into practice everything you learn. (12 hours) Course R 03901.

Online Ed2Go

Section #8126 Open Enrollment

Instant Italian

Learn how to express yourself comfortably in Italian. You will learn practical, everyday words and phrases that will make your stay in Italy more enjoyable. (12 hours) Course R 03860.

Open Enrollment Section # 8128

Speed Spanish I \$111

For anyone who wants to learn Spanish pronto; learn six easy recipes for gluing Spanish words together to form sentences. Que Bueno! (12 hours) Course R 02084.

Online Ed2Go

Open Enrollment Section # 8149

Speed Spanish II \$111

This follow-up to Speed Spanish I introduces several new recipes to help you guickly build fluency. You will see words, hear them pronounced properly and be granted plenty of opportunities to practice your pronunciation. (12 hours) Course R 03083.

Online Ed2Go

Open Enrollment Section # 8150

Speed Spanish III

Master your ability to speak, understand, and read Spanish by taking the final installment in this unique, online, three-part, Speed Spanish learning series. (12 hours) Course R 03505.

Online Ed2Go **Section # 8151 Open Enrollment**

READING & WRITING COURSES

Story Doctor, Private Lessons & Editing Help

Do you have a fiction or nonfiction story, whether novel, comic, game story, etc., where you need some guidance developing or building the story? Perhaps you need to piece the beginning and ending better, or you feel something is missing. Enroll for private lessons, editing, and help with that process! Taught by talented college instructor, comic artist, and communicator Buu-Tran Duong. (6 hours) Course R 06586.

NOTE: Please call 850-484-1797 for specifics before you enroll.

Private Lessons with Buu-Tran Duong Pensacola Campus Section # 8369

Write the Stories of Your Life

with Wanda Argersinger

Everybody has a story, whether from family, work, or simply life. This creative writing course will help students learn to record their stories effectively for future generations of family and friends or beyond to enjoy. Wanda Argersinger, the instructor, is a published writer and motivational speaker. (12 hours) R 06487.

February 8-March 22 Tuesdays 5:00 p.m.-7:00 p.m. Section # 8374 Bldg. 17, Room 1704 Pensacola Campus

Merrill Ream Speed Reading

Learn to read faster and with better comprehension from acclaimed speed-reading expert Dr. Merrill Ream. Master the skills/techniques to become a proficient speed reader. (12 hours) Course R 02381.

Ed2Go

Open Enrollment Section # 8148 Ready Set Read!

\$99

Learn what the newest research says about how children really learn to read and write. Become a powerful guide to literacy development when you work with young children. (12 hours) Course R 03090.

\$99

\$111

\$99

\$111

\$99

\$111

Online Ed2Go

Section # 8143 **Open Enrollment**

Beginner's Guide to Getting Published

Learn how to give yourself the credibility you need to get your books and articles published. (12 hours) Course R 02846.

Ed2Go

Open Enrollment Section # 8124

Mystery Writing

Course uses vivid examples from bestselling novels to teach the techniques you need to become a successful mystery author. (12 hours) Course R 03514.

Online Ed2Go

Open Enrollment Section # 8134

Screenwriting Introduction

In this course progress from how to write a script - structure. character creation and dialogue—to tips for marketing and selling a screenplay. (12 hours) Course R 05135.

Online Ed2Go

Section # 8146 **Open Enrollment**

Write Fiction Like a Pro

The novice fiction writer is introduced to the techniques used by professionals to structure novels and stories for maximum

dramatic effect. (12 hours) Course R 05793.

Section # 8154 Open Enrollment

Write and Publish Your Nonfiction Book

Learn how to write your own non-fiction book while also acquiring skills to have your book published. (12 hours) Course R 04391.

Ed2Go

Open Enrollment **Section # 8156**

Write Your Life Story

Learn step-by-step to capture in writing the ideas about your life and tools to tell the stories in your life. (12 hours) Course R 03909.

Online Fd2Go Open Enrollment **Section # 8160**

Writing for Children \$99

Published children's author shows you how to touch the heart of children by creating books for them. (12 hours) Course R 03516.

Online Ed2Go

Section # 8155 Open Enrollment

Writing Essentials

Learn to create solid drafts by selecting strong, persuasive words, spelling correctly, choosing the right punctuation and crafting well written sentences, effective paragraphs and organizing your material logically. (12 hours) Course R 06007.

Ed2Go **Open Enrollment** Section # 8158

Writing for ESL

\$99 Speakers of other languages learn to write in English more

effectively to succeed in college and at work. (12 hours) Course R 04640.

Online Ed2Go

Open Enrollment **Section #8159**

Writing Young Adult Fiction

\$90

Learn tips for breaking into one of today's hottest publishing markets and to develop your own young adult fiction. (12 hours) Course R 05057.

Online Open Enrollment Ed2Go

Section # 8157

DOGS & PETS

Dog Manners Primary Handler Taught by Cindy Sanford

\$39

Basic obedience is for the family puppy or dog using primarily positive techniques including sit, down, stay, come, leash walking and house manners. This shorter training format is suitable for all ages. Bring your pet and your pet's inoculation records, including rabies and Bordetella, to the first class. (6 hours) Course R 04628.

NOTE: The 2nd Handler of the same pet may enroll for a reduced fee (\$21) in Course R 04629 to attend with a primary handler who is enrolled in Course R 04628.

Warrington Campus

Bldg. 3200, Fenced yard Saturdays

Primary Handler Second Handler

Pensacola Campus
Pavilion/Gazebo near Bldgs. 2 & 5

Thursdays Primary Handler Second Handler February 19-April 2

10:00 a.m.-10:55 a.m. Section # 8223 Section # 8225

February 24-April 7

6:00 p.m.-7:00 p.m. Section # 8224 Section # 8226

Dog Manners Advanced Taught by Cindy Sanford

\$36

Come with your pet and build on basic manners, introducing Canine Good Citizen skills. You and your pet are to attend all class sessions. Bring your pet's inoculation records to the first class, including Bordetella and Rabies vaccination documents. Enjoy a special certificate of completion for your pet when training goals are accomplished. (4 hours) Course R 06582.

NOTE: The 2nd Handler of the same pet may enroll for a reduced fee (\$21) in course R 06583 to attend with a primary handler who is enrolled in Course R 06582.

Warrington Campus Bldg. 3200, Fenced Yard

Saturdays Primary Handler Second Handler February 26-March 26

11:00 a.m.-Noon Section # 8227 Section # 8228

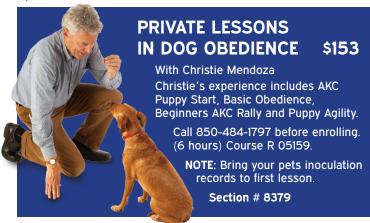
Start a Pet Sitting Business

211

Discover how to translate your love of animals into a fun and profitable career. (12 hours) Course R 04633.

Online Open Enrollment Ed2Go

Section # 8137



FOOD AND ENTERTAINMENT

Fundamentals of French Culinary with Chef Matthew Seaton

\$58

Come and learn skills and methods that are foundational to classic French culinary including knife skills, sauce work, and basic cooking. Participate in food-prep and taste a sampling of prepared dishes in this content-driven course taught by Chef Matthew Seaton. (5 hours) Course R 06584.

 Fridays
 February 18-25

 5:30 p.m.-8:00 p.m.
 Section # 8370

 Bldg, 5, Room 0540
 Pensacola Campus

Pastry Basics with Chef Matthew Seaton

\$37

Chef Matthew Seaton is passionate about pastry. You will be, too, when you attend this course. The chef will share professional tips and techniques to make perfect lean bread, quick breads, pie dough, and custards. Enjoy demo and hands-on learning. The proof is in the tasting. (3 hours) Course R 06585.

Friday April 22 5:30 p.m.-8:30 p.m. Section # 8371 Bldg. 5, Room 0540 Pensacola Campus

Wow, What a Great Event!

\$99

Learn to create and coordinate successful events. Develop skills, find resources, and gain confidence to plan and produce any event. (12 hours) Course R 04511.

Online Ed2Go

Open Enrollment Section # 8153

HOBBIES & DIY

SMALL ENGINE & AUTO COURSES

Auto Know, Auto Care

300

Learn more about your car: tune-up and maintenance, road-side emergency, looking for a good mechanic or shop, and more. Bring your owner's manual. Taught by auto and small engine mechanic, David Blair. (8 hours) Course R 06317.

 Thursdays
 February 3-24

 6:00 p.m.-8:00 p.m.
 Section # 8377

 Bldg. 17, Room 1708
 Pensacola Campus

Basic Small Engine Repair

\$175

Fix small engines on your own! Covers preventive maintenance, tune-ups, carburetor rebuild, trouble shooting, safety, and more about 2-cycle and 4-cycle engines. David Blair, instructor. (30 hours) Course R 06251.

 Fridays
 February 4-April 15

 6:00 p.m.-9:00 p.m.
 Section # 8376

 Bldg. 17, Room 1708
 Pensacola Campus

Advanced Small Engine Repair

\$175

This class will go deeper than the Basic Small Engine Repair class. This class will study to take E.E.T.C. exam. Students will repair small engines in this class. Must have own tools and work clothes. Instructor will provide a list in the first class. Take notes and learn through hands-on activities. (30 hours) Course R 06480.

SaturdaysFebruary 5-April 169:00 a.m.-NoonSection # 8375TBAPensacola Campus

Don't see what you want?

Send us your suggestions!
ce@pensacolastate.edu or call 850-484-1797.

MISCELLANEOUS

Amateur Radio Introduction & Upgrade

Achieve goals for the initial Amateur Radio Operator's license or to upgrade an existing operator's license to the next level. A Volunteer Examiner (VEC) will administer the tests for students who want to obtain the license or upgrade.

(50 hours) Course R 06254.

Tues/Thurs February 1-April 14 Section # 8000 6:00 p.m.-8:30 p.m. Bldg. 96, Room 9663 Pensacola Campus

Bulbs, Tubers and Corms with James Stegall

Learn history, facts, and tips on growing tulips, irises, gladiolus, fritillaries, dahlias, daffodils, alliums, and more in the Pensacola area. (4 hours) Course R 05750.

Mondays Jan. 31-Feb. 7 6:00 p.m.-8:00 p.m. Section # 8073 Bldg. 96, Room 9663 Pensacola Campus

Floral Design with James Stegall

Create your own centerpiece in class. Basic design and choice of appropriate materials will be discussed. (3 hours) Course R 05271.

February 21 6:00 p.m.-9:00 p.m. **Section # 8041** Bldg. 96, Room 9663 Pensacola Campus

April 22 Friday 9:00 a.m.-Noon **Section # 8072**

Bldg. 5100, Room 5135 South Santa Rosa Center

Ikebana - Japanese Floral Design

Learn basics of oriental floral design, a Japanese tradition using minimal materials to create something beautiful and different! (3 hours) Course R 06137.

Friday March 4 9:00 a.m.-Noon **Section # 8046** Bldg. 96, Room 9663 Pensacola Campus

Digital Scrapbooking Introduction

Combine digital and traditional scrapbooking techniques in Photoshop Elements. Create art, collages and scrapbooks. (12 hours) Course R 05077.

Online Ed2Go **Open Enrollment Section # 8111**

Genealogy Basics

Learn in simple terms where to look, who to contact and how to use the computer and Internet to research family heritage and history. (12 hours) Course R 03898.

Online Ed2Go

Open Enrollment **Section # 8122**

Start an Arts and Crafts Business \$111

Learn from a professional artist how to start an arts and crafts business, how to find your niche within your chosen craft, and how to create your own unique business identity. (12 hours) Course R 04631.

Online Ed2Go Open Enrollment **Section # 8114**

Start a Gift Basket Business

Want to start a home-based business as a gift basket designer? Learn the sales secrets of successful designers to make a gift basket that stands out, to price fairly, to create an attractive website, and more. (12 hours) Course R 04632.

Online

Open Enrollment Section # 8125

Start Your Own Edible Garden

Save money and become self-sufficient by growing a bounty of fruit and vegetables in your own backyard. Learn about soil preparation, plant selection, pests and disease control strategies, and watering and fertilizing correctly, so your garden will keep growing strong all season. (12 hours) Course R 05726.

Ed2Go Online

Open Enrollment Section # 8152

ACADEMIC ENRICHMENT

Introduction to Algebra

\$21

\$111

\$111

Develop a rich understanding of the rudiments of algebra in a relaxed and supportive learning environment. Understand some of the most important algebraic concepts. (12 hours) Course R 02945.

Online Open Enrollment Section # 8129

Homeschool with Success

\$99 Discover how to home school your children in a way that ensures they get what they need both academically and socially. (12 hours)

Course R 04401. Online Fd2Go **Open Enrollment** Section #8105

Math Refresher

Gain confidence in your basic math skills so you can start using it to your advantage. (12 hours) Course R 03897.

Online **Section # 8132 Open Enrollment**

CAREER PATHS for TEENS

Become a Physical Therapy Aide

\$99

Prepare for a rewarding career as an important member of the physical therapy team. Study the workings of the human body, various disorders, patient safety, and terminology of this profession. (12 hours) Course R 06517.

Ed2Go **Open Enrollment Section #8167**

Become a Veterinary Assistant

\$99

Are you considering a career as a veterinary assistant? This course will help answer your questions as you learn about pet nutrition, preventing parasites, health and safety issues, reasons for/against neutering, and how to best assist owners in times of need. (12 hours) Course R 06518.

Online Ed2Go **Section # 8168 Open Enrollment**

Explore a Career in Nursing

Interested in a career that's meaningful and challenging with a great salary, benefits, and opportunities for advancement? Try nursing, a fast-growing segment of the healthcare industry with many options. Learn about traditional bedside work to critical care areas like the OR, ICU, or lesser-known fields like nursing informatics. (12 hours) Course R 06515.

Online Ed2Go

Open Enrollment Section # 8165

Explore a Career as a Pharmacy Technician \$99

Health care is a booming field, and pharmacy technicians are in high demand. In this course, you'll take a look at the many job settings and career paths open to you if you become a pharmacy technician. You'll master the skills you need to get an entry-level position as a pharmacy tech or clerk. (12 hours) Course R 06516.

Ed2Go **Open Enrollment Section # 8166**

COMPUTERS & TECHNOLOGY

Computer Basics for Seniors

\$6

This is for first-time computer owners to learn basic computer concepts for off-line projects, safe/confident online applications, and more. (16 hours) Course R 05134.

9:00 a.m.–11:00 a.m. Bldg. 7700. Room 7724 February 11-April 8 Section # 8015 Century Center

Blogging and Podcasting for Beginners

\$99

Gain a greater understanding of blogs, wikis, and podcast. (12 hours) Course R 04388.

Online
Open Enrollment

Ed2Go Section # 8116

Introduction to PC Security

\$111

Explore the many vulnerabilities of operating systems, software and networks. Identify and work to prevent DOS, SYN flooding, and other network attacks. Learn to safely share files and data across the Internet using a virtual private network and to install and configure a firewall to build an impenetrable moat around the computer or network. (12 hours) Course R 05456.

Online

Ed2Go

Open Enrollment

Section # 8136

Keyboard Typing I

\$99

Use the computer program Keyboarding Pro 5 to learn the basic skills of touch-typing. (12 hours) Course R 03021.

Online

Ed2G

Open Enrollment

Section # 8131

Learn to Buy and Sell on eBAY

\$99

From auction pros learn how to work from home and earn extra income buying and selling goods online. Create titles and craft advertising copy that get noticed, create and upload photos, accept credit card payments, pack/ship items and more. (12 hours) Course R 02378.

Online

Ed2Go

Open Enrollment

Section # 8119

TEST PREP

Prepare for the GED® Math Test

\$1

Master the skills required to pass the Mathematical Reasoning module in the GED test series. (12 hours) Course R 03079.

Online

Ed2Go

Open Enrollment

Section # 8162

Prepare for the GED Test

\$111

Build reading and thinking skills needed to succeed in all five areas: writing, social studies, science, literature, math. (12 hours) Course R 02253

Online

Ed2Go

Open Enrollment

Section # 8121

GRE Preparation Part I

\$99

Discover powerful strategies for success in the verbal reasoning and analytical writing sections of the GRE. (12 hours) Course R 02091.

Online

Ed2Go

Open Enrollment

Section # 8106

GRE Preparation Part II

\$99

Learn a variety of useful techniques for tackling the quantitative reasoning sections of the GRE. (12 hours) Course R 02092.

Online

Ed2Go

Open Enrollment

Section # 8107

SAT/ACT Preparation Part I

\$99

Part I will give you all the information you need to do well on the verbal portion of the ACT and SAT. (12 hours) Course R 02144.

Online Ed2Go

Open Enrollment Section # 8144

SAT/ACT Preparation Part II

\$99

Part II will give you all the information that you need to do well on the math portion of the ACT and SAT. (12 hours) Course R 02146.

Online Ed2Go

Open Enrollment

Section # 8145

LIFE SKILLS & ENRICHMENT

Don't Go Broke in an Assisted Living Facility \$31

Learn to manage the rising costs of expenses while paying for loved ones' assisted living arrangements and to navigate the process. (4 hours) Course R 05466.

Tues/Thurs 6:00 p.m.-8:00 p.m. Bldg. 14, Room 1442 April 26-28 Section # 8222 Pensacola Campus

Financial Survival for Retirement

\$36

If you are nearing or living in retirement, the course will fill critical knowledge gaps and help you plan your financial future more effectively. (4 hours) Course R 05111.

Thursdays 5:30 p.m.-7:30 p.m. Bldg. 14, Room 1442 Thursdays 5:30 p.m.-7:30 p.m. Bldg. 4400, Room 4411 February 17-24
Section # 8039
Pensacola Campus
March 24-31
Section # 8040
Milton Campus

Medicare Made Easy

\$21

Clear your confusion about parts of Medicare, enrollment rules and penalties, Medicare supplements, and more—for those turning 65 and/or those wanting a review. Taught by Pam Giles. (2 hours) Course R 04876.

Tuesday 5:30 p.m.-7:30 p.m. Bldg. 4400, Room 4411 **Thursday** 5:30 p.m.-7:30 p.m. Bldg. 14, Room 1442 March 8
Section # 8037
Milton Campus
March 10
Section # 8038
Pensacola Campus

Aging and Health Bundle

\$230

\$99

Gain knowledge and skills from the latest research and emerging trends to help you effectively care for and work with aging population. Study healthy aging, gerontology, and brain health. (45 hours) Course R 06538

Open Enrollment

Ed2Go

Section # 8164

Get Assertive

Learn to deal with anger and criticism. Gain the skills to be assertive with family members, friends, and more. It is your turn to speak out! (12 hours) Course R 03899.

Online
Open Enrollment

Ed2Go

Open Enrollment

Section # 8123

Helping Elderly Parents

\$99

This compassionate and comprehensive class will give you tools, techniques, and insights for you to help your elderly family member in their golden years—what to expect, what to watch, how to handle physical and emotional challenges; where to find resources; more. (12 hours) Course R 06260.

Online

Open Enrollment

Section # 8127

Ed2Go

Intro to Stock Options

Learn how to evaluate, buy, sell, and profit from stocks. Examine the origin, risks, jargon, symbols, and other peculiarities of stock options. Explore exchange-traded funds (ETFs) and option pricing. Learn why some are overpriced or underpriced and how to tell the difference before you trade. (24 hours) Course R 06539

Online **Open Enrollment** Ed2Go

Section # 8112

Music Therapy and Sound Healing

\$46

This holistic method of healing uses vibrational and sound frequencies to promote healing and a state of harmony and health. Learn techniques and applications to influence physical, emotional, cognitive, and social well-being. Learn to determine goals. interventions, and therapeutic uses and benefits. Suggested for caregivers and health-care providers. (8 hours) Course R 06540

Online

Ed2Go

Section # 8163

Personal Finances

Open Enrollment

Learn to create and use a budget, borrow and invest wisely, make intelligent decisions about insurance, plan for your financial future and so much more. (12 hours) Course R 02992.

Online

Open Enrollment

Section #8108

Stocks, Bonds & Investing

This enjoyable class walks you through the fundamentals of investing. Learn about the stock markets, 401k plans, retirement and personal financial issues that are often ignored, but essential to be a successful investor. (24 hours) Course R 06542.

Online

Open Enrollment

Section # 8113

COURT MANDATED COURSES

Florida Parenting Course Online

The First Judicial Circuit of Florida requires that parents who are facing divorce, separation, or other legal proceedings (and have minor-aged children) complete a course to help children cope with the change to the family. This online course is approved by the Florida Department of Children and Families, as required by Florida Statute 61.21

NOTE: After registering and paying for your course, call 850-484-1797 to get the website and your redemption code. (4 hours) Course R 04186.

Online Open Enrollment **American Safety Council**

Section # 8007

Guardianship Education

\$36

Persons appointed by the court to be a guardian must complete Guardianship instruction within 4 months of appointment. Learn the legal duties, rights of the incapacitated and local resources. Enroll in this 8-hour course if you are becoming guardian of someone other than your own minor-age child. A light lunch will be provided.

NOTE: Students must bring photo ID (driver's license) to class. (8 hours) Course R 00478

Saturday

8:00 a.m.-4:00 p.m. Bldg. 20, Room 2051 February 26 Section #8002

Pensacola Campus

Guardianship Education

\$36

The 4-hour Guardianship course is for those who are guardians of their own minor-aged children's property. Everyone else must take the 8-hour course. Each person appointed by the court to be a guardian must complete instruction within 4 months of appointment. (4 hours) Course R 02687.

NOTE: Students must bring photo ID to class. Lunch provided.

Saturday 8:00 a.m.-Noon Bldg. 20, Room 2051

February 26 **Section # 8003** Pensacola Campus

DRIVER IMPROVEMENT

Call Continuing Education, 850-484-1797 for website and code after registering and paying for your online course with American Safety Council.

Advanced Driver Improvement Online

Have a suspended driver's license due to multiple traffic citations? Implement better driving habits and deter the irresponsible behaviors that lead to habitual traffic offenses, suspensions and/or revocation. Instruction is online. Student will need to supply driver's license or state identification card number, the most recent citation number and, if applicable, the court case number for course completion to be processed. (12 hours) Course R 04644.

Online

American Safety Council

Open Enrollment Section # 8004

Basic Driver Improvement Online

For individuals who have received a minor traffic citation — this online course is to help licensed drivers function more effectively and efficiently in traffic. Provide citation number, driver's license number and, if applicable, court case number for course completion to be processed. (4 hours) Course R 04203.

Online

American Safety Council

Open Enrollment Section #8005

First Time Driver (DATA) Online

Meets the state requirement for TLSAE/DATA (Traffic Law and Substance Abuse Education). It will familiarize first-time drivers with lawful, courteous driving habits. Individuals ages 17 and under are required to take this course in order to receive their learner's permit. Individuals 18 and older are required to complete this course before taking their driver's exam and receiving their driver's license. (4 hours) Course R 04204.

Open Enrollment

American Safety Council Section #8006

Judge Ordered Traffic Course Online

This course will fulfill the requirement to complete an 8-hour traffic class that a court or judge has ordered.

(8 hours) Course R 04645.

Online

American Safety Council

Open Enrollment

Section #8008

Mature Driver Course Online

\$20

For students over 55 years old with a Florida Driver's License to possibly save money on car insurance by taking a 6-hour accident prevention course. (6 hours) Course R 04646.

Online

Open Enrollment

American Safety Council Section # 8009



American Safety Council

Florida Parenting and Driver Improvement courses are available online through PSC Continuing Education. Call 850-484-1797 for information, to register and pay, and for a redemption code and link for online course.

FITNESS & WELLNESS

INSTRUCTOR LED COURSES

Tai Chi for Health

\$56

Experience many health benefits from Tai Chi and Chi Kung exercises. Soothing, energizing movements induce physical and mental relaxation, self-awareness, energy and longevity. Develop flexibility, balance, strength, coordination, skeletal alignment and increased organ function. Improve cardio fitness through deep, even breathing for the maximum intake of oxygen. Emphasizes proper posture, breathing and fluid movement. (11 hours) Course R 05746

Mondays

5:30 p.m.-6:30 p.m. Bldg. 3, Room 0312 February 7-April 25

Section # 8074 Pensacola Campus

Introduction to Natural Health and Healing \$99

Discuss the various stages of health and illness and the value of hydrotherapy, biorhythms, fasting; the power of the mind, healthy diet, and more. Discover that true health means wholeness of mind, body, and spirit. (12 hours) Course R 03903.

Online
Open Enrollment

Ed2Go

Section # 8135

L.I.F.E. FITNESS CENTER COURSES

For dates and times:

Milton Campus (Bldg. 4000, Room 4416) call 850-484-4490 Pensacola Campus (Bldg. 1, Room 150) call 850-484-1310 Warrington Campus (Bldg. 3200, Room 3230) call 850-484-2310

Express Orientation

to the L.I.F.E. Fitness Center (100 hours) \$9

Student orientation to the L.I.F.E. Fitness Center includes use of nautilus and free weights, cardiovascular training equipment, and some fitness assessments. After orientation, students will be able to utilize the L.I.F.E. Fitness Center facility for the scheduled term. For dates and times: Pensacola Campus call (850)484-1310; Milton Campus call (850)484-4490. Course R 03567.

Open Enrollment

Milton Campus Section # 8078 Pensacola Campus Section # 8077

2nd Family Member (100 hours)

\$**57**

For 2nd family member enrolling in course. Course R 04850.

Open Enrollment

Milton Campus Section # 8080 Pensacola Campus Section # 8079

Express Orientation

to the L.I.F.E. Fitness Center (64 hours) \$65

Student orientation to the L.I.F.E. Fitness Center includes use of nautilus and free weights, cardiovascular training equipment, and some fitness assessments. Afterwards students will be able to utilize the fitness center for the scheduled term. For dates and times: Pensacola Campus call (850)484-1310; Milton Campus call (850)484-4490. Course R 03566.

Open Enrollment Milton Campus Starting February 21

Milton Campus Section # 8082 Pensacola Campus Section # 8081

2nd Family Member (64 hours)

\$39

For 2nd family member enrolling in course. Course R 04851.

Open Enrollment Starting February 21

Milton Campus Section # 8084
Pensacola Campus Section # 8083

Express Student Orientation to the LIFE Fitness Center

\$21

This orientation to the LIFE Fitness Center is for currently enrolled college credit students only. For dates and times: Pensacola Campus, call 850-484-1310; Milton Campus, call 850-484-4490; Warrington Campus call 850-484-2310. (2 hours) Course R 04606.

Open Enrollment

Milton Campus Section # 8086 Pensacola Campus Section # 8085 Warrington Campus Section # 8087

Indoor Track & Basketball Gym

\$29

Student may use the Milton Campus L.I.F.E Center, indoor track and basketball gymnasium during scheduled open hours. For safety reasons, children under five years of age may not enroll in this course nor use these areas. Children ages five through 15 may enroll, but an adult family member who also is registered for this course must be with them. Individuals 16 years of age or older may participate without supervision. (90 hours) Course R 00672.

Open Enrollment

Milton Campus

Section # 8088

Recreation Fitness Lab (96 hours)

\$77

Prerequisites: Concepts of Life Fitness (HLP1081), Life Fitness Assessment for the Community (R02347) or Express Orientation to the L.I.F.E. Fitness Center (R03567) or (R03566). Students will be able to utilize the L.I.F.E Fitness Center for the scheduled term. For days and times: Pensacola Campus, call 850-484-1310; Milton Campus, call 850-484-4490. (96 hours) Course R 00064.

Open Enrollment

Milton Campus Section # 8090 Pensacola Campus Section # 8089

2nd Family Member (96 hours)

\$45

For 2nd family member enrolling in course. (96 hours) Course R 04855.

Open Enrollment

Milton Campus Section # 8092 Pensacola Campus Section # 8091

Recreation Fitness Lab (60 hours)

\$39

Prerequisites: Concepts of Life Fitness (HLP1081), Life Fitness Assessment for the Community (R02347) or Express Orientation to the L.I.F.E. Fitness Center (R03567) or (R03566). Students will be able to utilize the L.I.F.E Fitness Center for the scheduled term. For days and times: Pensacola Campus, call 850-484-1310; Milton Campus, call 850-484-4490; Warrington Campus, call 850-484-2310. Course R 00211.

Milton Campus

Dec. 11-Feb. 20 Section # 8094
Feb. 20-May 6 Section # 8100
Pensacola Campus

Dec. 11-Feb. 19 Section # 8093 Feb. 21-May 6 Section # 8099

Warrington Campus

Dec. 11-Feb. 19 Section # 8095 Feb. 21-May 6 Section # 8101

2nd Family Member (60 hours)

\$23

For 2nd family member enrolling in course. (60 hours) Course R 04854.

Milton Campus

 Dec. 11-Feb. 20
 Section # 8097

 Feb. 20-May 6
 Section # 8103

 Pensacola Campus

Dec. 11-Feb. 19 Section # 8096 Feb. 21-May 6 Section # 8102

Warrington Campus

Dec. 11-Feb. 19 Section # 8098 Feb. 21-May 6 Section # 8104

AQUATICS SWIM & EXERCISE

Pensacola Campus Swimming Pool Aguatics Coordinator, Kay Miller, 850-484-1311

MASTER SWIMMERS

Master Swim Class \$112

Enjoy non-competitive, structured swimming with a workout that includes stroke drills and endurance training. (45 hours) Course R 01196.

Mon/Wed/Fri January 10-May 2 5:30 a.m.-6:25 a.m. **Section # 8182** 8:00 a.m.-8:55 a.m. **Section # 8183**

Master Swim Class

This is a non-competitive, structured swimming program; workout includes stroke drills and endurance training. (30 hours) Course R 00792.

Tues/Thurs January 11-April 28 5:30 a.m.-6:25 a.m. **Section # 8180** 8:00 a.m.-8:55 a.m. **Section # 8181**

Master Swim Saturday

This Master Swimming class provides a Saturday option for the serious swimmer who wants more or for the serious swimmer who can only participate on Saturdays. (15 hours) Course R 06152.

Saturdays January 15-April 30 Section # 8184 6:30 a.m.-7:25 a.m.

WATER EXERCISE

\$112 **Aqua Boot Camp**

Deep-end instruction mixes water exercises (utilizing weights, fitness tubes, and boards) and aerobic swimming to improve cardio health. A buoyancy belt is used. Goggles are required. (45 hours) Course R 03588.

Mon/Wed/Fri January 10-May 2 9:00 a.m.-9:55 a.m. **Section #8170**

Aqua Combo \$40

Work in the shallow and deep ends of the pool using water resistance equipment and optional buoyancy belt. (15 hours) Course R 04558.

Saturdays January 15-April 30

8:00 a.m.-8:55 a.m. **Section # 8171**

Aqua Dynamics I \$112

This shallow end course helps individuals to achieve their physical fitness goals by providing instruction in water exercise. Work at your own pace. (45 hours) Course R 02345.

Mon/Wed/Fri January 10-May 2 7:00 a.m.-7:55 a.m. **Section # 8177** 9:00 a.m.-9:55 a.m. **Section # 8178** 10:00 a.m.-10:55 a.m. Section # 8179

Aqua Dynamics I

This shallow end course helps individuals to achieve their physical fitness goals by providing instruction in water exercise. Work at your own pace. (30 hours) Course R 02343.

Mon/Wed January 10-May 2 6:35 p.m.-7:30 p.m. **Section # 8172** Tues/Thurs January 11-April 28 7:00 a.m.-7:55 a.m. **Section # 8173** 9:00 a.m.-9:55 a.m. **Section # 8174** 10:00 a.m.-10:55 a.m. **Section # 8175** 6:35 p.m.-7:30 p.m. **Section #8176**

Aqua Mini Term, Twice a Week (by Permission Only)

If you can only attend for half the term, enroll in Mini Term to attend half of a course that meets twice a week. Phone Kay Miller, 850-484-1311, for permission. (15 hours) Course R 04604.

Mon/Wed or Tues/Thurs

January 10-March 3 Section # 8185 March 7--May 2 **Section #8186**

Agua Mini Term, Three Times a Week (by Permission Only)

If you can only attend for half the term, enroll in the Mini Term to attend half of a course that meets three times a week. Phone Kay Miller, 850-484-1311, for permission. (22.5 hours) Course R 04603.

Mon/Wed/Fri

January 10-March 4 Section # 8187 March 4-May 2 Section # 8188

SWIM LESSONS

Adult Swimming Lessons

\$63

\$38

\$56

Learn to swim, improve existing aquatics skills and enjoy the health benefits of a swimming program. (10 hours) Course R 01118.

Tues/Thurs 7:30 p.m.-8:25 p.m. February 15-March 24 Section # 8204 April 5-May 5 Section # 8205

Beginner Swim Club 6 to 12 \$50

This small group class is for children ages 6 to 12 years to learn how to swim. Children who cannot swim are taught beginning swimming skills and to be comfortable and safe in the water. This is a pre-requisite to Kids Swim Club if the child cannot yet swim. (6 hours) Course R 06562.

Saturdays 9:00 a.m.-10:00 a.m. February 5-March 12 Section # 8211 March 26-April 30 **Section # 8212**

Kids Swim Club, 6 to 12 Years

Enhance you're your child's swimming skills beyond the basics. Scheduled Fridays and Saturdays. Parent drop-off/pick-up is

allowed. (7 hours) Course R 06530.

Fridays 1:00 p.m.-2:45 p.m. February 18-March 11 Section # 8213 March 25-April 15 Section # 8215 9:00 a.m.-10:45 a.m. Saturdays February 19-March 12 Section # 8214 March 26-April 16 Section # 8216

Mommy and Me Swim

\$51

\$35

Children ages 6 months to 3 years will attend class with an adult family member to feel comfortable in the water and to begin to learn to swim. Course N 00371 is for registration of the parent at no additional fee. (8 hours) Course R 06160.

Mon/Wed 11:00 a.m.-11:55 a.m. **April 4-27** Section # 8189 for child Section # 8800 (no fee) Adult Family Member

Preschool Swim Lessons, Ages 3-5 Years

Children learn swimming skills, water safety and fun in the water. (10 hours) Course R 04615.

Tues/Thurs April 5-May 5 2:00 p.m.-2:55 p.m. Section # 8190

Individual Swim Lessons

\$155

Receive one-on-one instruction to learn to swim or improve skills. Contact Kay Miller, 850-484-1311 before enrolling. (6 hours) Course R 06463.

OPEN SWIM

Recreation and Leisure Swimming

The participant may utilize the pool during recreation swim hours. For schedule call 850-484-1311. (96 hours) Course R 00065.

Open Enrollment

Section # 8208

Rec Swim Child 6 to 13 Years

\$25

\$39

Reduced fee for children ages 6-13 to participate in the recreation swim time with an adult family member enrolled in aquatics classes or Recreation Leisure Swim. (96 hours) Course R 06531.

Open Enrollment

Section # 8210

Senior Swim Discount

\$29

Senior adults ages 60 years or older who are members of the Senior Club may utilize the pool during the recreation swim hours for a discounted fee. Permission to enroll is required. Contact Kay Miller, 850-484-1311, for information and permission. (96 hours) Course R 06143

Open Enrollment

Section # 8209

Are you visiting from out of town and only want to utilize the pool for a few days?

We offer just the course!

Rec Swim Guest — Section 8207 \$13

Contact Kay Miller, 850-484-1311, for schedule and permission to enroll. Permission is required.

GYMNASTICS

Pensacola Campus, Bldg. 19 Spring A, January 10-March 5 Spring B, March 7-May 7

Instruction by Panhandle Perfection Gymnastics, 850-203-8058

Contact PSC Continuing Education, 850-484-1797 for Registration Questions

Co-ed Beginner

\$128

For boys and girls ages 6+ who have never participated in gymnastics or have only participated minimally; (8 hours) Course R 06567.

Mondays

January 10-February 28 March 7-May 2 **Thursdays** January 13-March 3 March 10-May 5 6:30 p.m.-7:25 p.m.

Section # 8238 Section # 8282 5:30 p.m.-6:25 p.m.

Section # 8261 Section # 8305



Girls Beginner

For girls ages 6+ who have never participated in gymnastics or have only participated minimally; (8 hours) Course R 06568.

3:30 p.m.-4:25 p.m. January 10-February 28 Section # 8231 March 7-May 2 Section # 8275 5:30 p.m.-6:25 p.m. Mondays January 10-February 28 Section # 8233 March 7-May 2 Section # 8277 Tuesdays 5:00 p.m.-5:55 p.m. January 11-March 1 Section # 8240 March 8-May 3 Section # 8284 5:30 p.m.-6:25 p.m. Wednesdays Section # 8252 January 12-March 2 March 9-May 4 Section # 8296 Thursdays 3:30 p.m.-4:25 p.m. January 13-March 3 Section # 8259 March 10-May 5 Section # 8303 Saturdavs 9:00 a.m.-9:55 a.m. January 15-March 5 **Section # 8266**

Boys Advanced Beginner

March 12-May 7

\$128

Section # 8310

Section # 8311

For boys ages 6+ who can demonstrate competency in Beginner skills; (8 hours) Course R 06566.

 Wednesdays
 3:30 p.m.-4:25 p.m.

 January 12-March 2
 Section # 8250

 March 9-May 4
 Section # 8294

 Thursdays
 3:30 p.m.-4:25 p.m.

 January 13-March 3
 Section # 8254

 March 10-May 5
 Section # 8298

Girls Advanced Beginner

\$128

For girls ages 6+ who can demonstrate competency in beginner skills; (8 hours) Course R 06570.

Mondays 4:30 p.m.-5:25 p.m. January 10-February 28 Section # 8232 March 7-May 2 **Section #8276** Tuesdays 4:00 p.m.-4:55 p.m. January 11-March 1 Section # 8239 March 8-May 3 Section # 8283 Wednesdays 4:30 p.m.-5:25 p.m. January 12-March 2 Section # 8251 March 9-May 4 Section # 8295 Wednesdays 6:30 p.m.-7:25 p.m. January 12-March 2 Section # 8253 March 9-May 4 Section # 8297 4:30 p.m.-5:25 p.m. **Thursdays** January 13-March 3 Section # 8260 March 10-May 5 Section # 8304 Saturdays 10:00 a.m.-10:55 a.m. January 15-March 5 Section # 8267

Girls Intermediate

March 12-May 7

\$160

For girls ages 6+ who have attained most of the skills taught in advanced beginner classes; (12 hours) Course R 06571.

Tuesdays 6:00 p.m.-7:25 p.m. January 11-March 1 **Section # 8241** March 8-May 3 Section # 8285 Wednesdays 3:30 p.m.-4:55 p.m. January 12-March 2 Section # 8248 March 9-May 4 Section # 8292 Saturdays 11:00 a.m.-12:25 p.m. January 15-March 5 Section # 8268 **Section # 8312** March 12-May 7

Girls Intermediate Twice a Week

\$301

Students attend two, one-and-one-half hour classes a week for a reduced fee. Permission is required to ensure that space is available in the selected classes. Call 850-484-1797 for details and permission. (24 hours) Course R 06572.

Sessions

January 10-March 5 Section # 8269 March 7-May 7 **Section # 8313**

Girls Advanced

For girls who can demonstrate competency in intermediate skills and want to prepare for competitive gymnastics. (16 hours) Course R 06569.

Wednesdays 5:00 p.m.-6:55 p.m. January 12-March 2 Section # 8249 Section # 8293 March 9-May 4

Parent Child 1 \$75

For children 6-12months accompanied by a parent who seeks to establish a bond while at the same time developing the baby's coordination, general motor skills, balance and strength; (4 hours) Course R 06575. Parent will enroll by permission in course N 00388. Call 850-484-1797 for parent registration after completing enrollment of child.

Saturdays 12:00 p.m.-12:30 p.m. January 15-March 5 Section # 8265 Child No fee for parent Section # 8801 Parent March 12-May 7 Section # 8309 Child No fee for parent Section # 8802 Parent

Parent Child 2

For children ages 1 to 3 years accompanied by a parent; develops basic gymnastics skills—coordination, strength, and stretching and teaches socialization with other children. (6 hours) Course R 06576. Parent will enroll by permission in course N 00389. Call 850-484-1797 for parent registration after completing enrollment of child.

Mondays 3:45 p.m.-4:25 p.m. January 10-February 28 Section # 8235 Child Section # 8803 Parent No fee for parent Section # 8279 Child March 7-May 2 Section # 8805 Parent No fee for parent Thursdays 3:45 p.m.-4:25 p.m. January 13-March 3 Section # 8256 Child Section # 8804 Parent No fee for parent March 10-May 5 Section # 8300 Child No fee for parent Section # 8806 Parent

Preschool 1

Boys and girls ages 3-4 years will be introduced to basic concepts of gymnastics using a variety of stations. (8 hours) Course R 06576

4:30 p.m.-5:25 p.m. Mondays January 10-February 28 Section # 8236 March 7-May 2 Section # 8280 Tuesdays 4:00 p.m.-4:55 p.m. January 11-March 1 Section # 8242 March 8-May 3 Section # 8286 Wednesdays 5:00 p.m.-5:55 p.m. January 12-March 2 Section # 8246 March 9-May 4 Section # 8290 **Thursdays** 3:30 p.m.-4:25 p.m. January 13-March 3 Section # 8255 March 10-May 5 Section # 8299 Saturdays 9:00 a.m.-9:55 a.m. January 15-March 5 Section # 8262

Section #8306

March 12-May 7

Preschool 2 \$128

Boys and girls continue to learn fundamentals of gymnastics. (8 hours) Course R 06578.

5:30 p.m.-6:25 p.m. January 10-February 28 Section # 8237 Section # 8281 March 7-May 2 6:00 p.m.-6:55 p.m. **Tuesdays** January 11-March 1 Section # 8244 March 8-May 3 Section # 8288 Wednesdays 4:00 p.m.-4:55 p.m. January 12-March 2 Section # 8245 March 9-May 4 Section # 8289 **Thursdays** 5:30 p.m.-6:25 p.m. Section # 8258 January 13-March 3 Section # 8302 March 10-May 5 10:00 a.m.-10:55 a.m. Saturdays January 15-March 5 Section # 8263 March 12-May 7 Section # 8307

Preschool 3

\$128 Boys and girls ages 5 to 6 years transition to larger-sized equipment, preparing students for beginner classes in the big gym.

(8 hours) Course R 06579. **Tuesdays** 5:00 p.m.-5:55 p.m. Section # 8243 January 11-March 1 March 8-May 3 Section # 8287 Wednesdays 6:00 p.m.-6:55 p.m. January 12-March 2 Section # 8247 March 9-May 4 Section # 8291 **Thursdays** 4:30 p.m.-5:25 p.m.

Section # 8257 January 13-March 3 Section # 8301 March 10-May 5 11:00 a.m.-11:55 a.m. Saturdays Section # 8264

January 15-March 5 March 12-May 7

Trampoline & Tumbling

Students learn the basics of proper tumbling and trampoline skills using drills and proper progressions. This is suited to any level and useful for prospective cheerleaders. (8 hours) Course R 06580.

Section #8308

\$96

Mondays 6:30 p.m.-7:25 p.m. January 10-February 28 Section # 8234 March 7-May 2 Section 8278

Gymnastics Late Term

If you did not register at the beginning of the term and missed the first two classes, you can register for the last six weeks of a session in a class that has space. This class is by permission only: call 850-484-1797 for details and scheduling. (6 hours) Course R 06573.

Sessions

January 24-March 5 Section # 8270 March 21-May 7 Section # 8314



Student may register for a second one-hour class each week for a discounted price. Permission is required to ensure space is available in the selected course. (8 hours) Course R 06574

Sessions

January 10-March 5 March 7-May 7

Section # 8271 **Section # 8315**

Gymnastics Birthday Parties

\$300

Celebrate your child's birthday in a fun, exciting, gymnastics environment! Includes times to set up for the party, break down after the party, an hour for activities and a half hour for cake and presents. A space is provided for parents to decorate. (3 hours) Course R 06121.

NOTE: Call Panhandle Perfection Gymnastics, 850-203-8058 to plan and call Continuing Education, 850-484-1797 to register. Section # 8272

MOTORCYCLE SAFETY

Motorcycle Safety Foundation, **Basic Rider Course**

The Motorcycle Safety Foundation Basic Rider course is a complete course of instruction for those who wish to develop safe streetriding skills and obtain a motorcycle endorsement. Online and classroom learning is combined with motorcycle riding activities on an approved training range. The riding skills evaluation and the written exam will need to be successfully completed to receive a Basic Rider Course Completion Card. Course handbook, insurance, helmet and motorcycle are provided. Students must wear longsleeved shirt or jacket, full-fingered gloves, long pants and sturdy footwear which covers the ankles. (May bring your own DOT/Snell Foundation approved helmet.) Students must be at least 15 years of age and hold a valid Florida learner's permit for 6 months in order to participate in this course. Motorcycles and instruction are provided by Southern MotorSports Safety. (15 hours) Course R 04404.

Saturday/Sunday Bldg. 96, Room 9663

January 8-9 January 15-16 January 22-23 January 29-30 February 5-6 February 12-13 February 19-20 February 26-27 March 5-6 March 12-13 March 19-20 March 26-27 April 2-3 April 9-10 April 16-17

April 23-24

April 30-May 1

7:00 a.m.-5:00 p.m. Pensacola Campus

Section # 8020 **Section # 8021 Section # 8022** Section # 8023 Section # 8024 **Section # 8025 Section # 8026 Section # 8027 Section # 8028** Section # 8029 **Section # 8030** Section # 8031 **Section # 8032 Section # 8033 Section # 8034 Section # 8035** Section #8036

ProRider Advanced Skills Course

This course is intended for experienced motorcycle riders who have a firm grasp of the basic skills of operating a motorcycle, but desire to become a better, safer, more confident rider. This is a challenging course, so riders must have physical stamina to withstand a full day on the range. Riders will learn to "bond" with their personal motorcycle, becoming familiar with the bike's full capabilities and limitations. Practice braking, evasive maneuvers, and hazard avoidance exercises that may save your ride from serious damage, injury or death. This course will incorporate the techniques learned and mastered by police motorcycle officers and will improve riding abilities of even the most seasoned rider. At the end of the course, successful participants will receive a completion certificate, having achieved a refined skill set and newfound confidence. Prerequisites/Requirements: Must have intermediate skills and license with a motorcycle endorsement. Must have your own motorcycle (must be street legal) with valid registration, inspection where applicable, and valid insurance coverage. Must provide your own protective gear including DOT approved helmet. above the ankle boots (no sneakers), gloves, durable long pants (no athletic pants of any kind). (8 hours) Course R 06560.

Saturdays Parking Lot W, south end January 29 February 26 March 26

April 30

8:00 a.m.-5:00 p.m. Pensacola Campus

Section # 8010 Section # 8011 Section # 8012 Section # 8013



REGISTRATION INFORMATION

ONLINE

Web registration is available to everyone. Go to ce.pensacolastate.edu. Click "Register Now" button.

WALK IN

Register in person at any PSC campus Registration Office: Pensacola, Building 2 or 96; Milton, Building 4200; Warrington, Building 3600. Walk-in registration: 7:30 a.m.-4:00 p.m., Monday-Friday

BY MAIL

Mail your completed Continuing Education registration form, with payment information (do not send cash) to: Pensacola State College Cashier Office, 1000 College Blvd., Pensacola, FL 32504. Mail-in and night depository registration available at all times.

STUDENT ACCOMMODATIONS

Students with special needs must notify the Continuing Education Department a minimum of two business days before the course start date so appropriate accommodations can be arranged.

REFUNDS

To receive a refund for a course, students must withdraw prior to the second scheduled class meeting. For workshops, conferences, seminars and special training programs, students must withdraw prior to the first scheduled class meeting. Call 850-484-1797 to drop a course.

Don't see what you want?

Send us your suggestions!

ce@pensacolastate.edu or call 850-484-1797.



Do you have a skill and a passion in a recreation and leisure subject?

Are you willing to share this with the community?

Contact the Continuing Education office at 850-484-1797 to discuss your course ideas.

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AddressNumber/Street/Apartment			City	State	Zip code
	e		Email		
☐ Male ☐ Female Citizenship: ☐ United States ☐ Other country:		☐ Black or rou are not a United St Permanent Resident; pa	ovide Resident A	n Native Hawai cate current Immigrati Alien Number	ian or Alaskan Native ian or other Pacific Islander ion status:
Section	Course Title	Date Class Begin	Section	Course Title	Date Class Begins
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Spring 2022 **15**

^{*} Required and authorized by Title IV of the Higher Education Act of 1965, as amended (§§483 and 484); 20 USC 1078, 1090, 1091 & 1092; 34 CFR 668.16; 34 CFR 668.33; 34 CFR 668.36; 35 CFR



