



# CONTINUING EDUCATION

*Personal Enrichment for the Community*

PENSACOLA STATE COLLEGE



**FALL 2021**

[ce.PensacolaState.edu](https://ce.pensacolaState.edu)

#PSC\_ContinuingEd



# CONTINUING EDUCATION

*Personal Enrichment for the Community*

PENSACOLA STATE COLLEGE

## Need Help with Registration?

Call us today at 850-484-1797

[PensacolaState.edu/CE](https://PensacolaState.edu/CE)

Office hours: Monday–Friday, 7:30 a.m.–4:00 p.m.

## We have your best interest in mind.

Classes scheduled on campus this fall will be designed with social distancing and cleanliness in mind, including smaller class sizes. Should classes need to be canceled for any reason, registration fees will be refunded to students. We offer a variety of online classes that you can attend from the comfort of your own home. We appreciate any suggestions on what classes you'd like.

Just email us at [ce@pensacolastate.edu](mailto:ce@pensacolastate.edu) or message us on Facebook ([facebook.com/PSCcontinuingeducation](https://facebook.com/PSCcontinuingeducation)).

## IMPORTANT DETAILS

- Classes require a minimum enrollment before they can run. If a class is canceled, participants will be notified at least 3 days before class is scheduled to begin.
- We encourage you to register early so that your favorite class isn't canceled. If you cannot attend a class for which you have registered, please call our office at 850-484-1797 at least a week before class is scheduled to begin to receive a refund.
- In case of inclement weather, we will notify participants of rescheduling or cancellation at the earliest possible time. If PSC is closed due to weather, please note that all classes scheduled for that day are canceled and will be rescheduled for the earliest possible date.
- Go to [pensacolastate.edu](https://pensacolastate.edu) to sign up for PSC Alert for notifications of emergency closings.

*The College will be closed the following dates:*

**LABOR DAY — Monday, Sept. 6**

**VETERANS DAY — Thursday, Nov. 11**

**FALL BREAK — Wednesday, Nov. 24–Sunday, Nov. 28**

**WINTER BREAK — Thursday, Dec. 16–Sunday, Jan. 2**

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## ARTS & HUMANITIES

### ART COURSES

**Acrylic Painting with Angel Edwards** \$68  
Learn to use acrylic paints to produce a painting by applying the fundamentals of color theory, composition, and various techniques. (10 hours) Course R 06144.

**Tuesdays** Sept. 14–Oct. 12  
6:00 p.m.–8:00 p.m. Section # 8190  
Bldg. 17, Room 1706 Pensacola Campus

**Foundations of Drawing & Composition with Angel Edwards** \$68  
Learn elements of art and principles of drawing and design. Develop concepts of perspective and composition to produce still-life, landscape and portrait drawings of three-dimensional images on a flat surface. (10 hours) Course R 06151.

**Thursdays** Oct. 7–Nov. 4  
6:00 p.m.–8:00 p.m. Section # 8191  
Bldg. 17, Room 1706 Pensacola Campus

**Jewelry and Metalsmithing Introduction** \$275  
Beginning jewelry artists learn foundational metalsmithing and stone setting skills. Well-known instructor Doug Reiser introduces students to hand and powered jewelry tools and techniques for soldering, sawing, drilling, texturing, riveting, finishing, polishing and fabrication. Doug Reiser will provide a list of tools and supplies for students to purchase. (56 hours) Course R 06563.

**Tues/Thurs** Sept. 7–Nov. 18  
9:00 a.m.–11:40 a.m. Section # 8050  
Bldg. 15, Room 1580 Pensacola Campus

**Drawing for the Absolute Beginner** \$99  
An expert instructor will guide you through an exciting, informative exploration of drawing materials, lighting techniques, design and layout methods, and more. (12 hours) Course R 03895.

**Online** Ed2Go  
**Open Enrollment** Section # 8138

### MUSIC & THEATRE COURSES

**Acting Coaching 1-1** \$153  
Students receive one-on-one coaching for their acting careers. They will also receive weekly audition updates in film, TV, commercials and plays. (6 hours) Course R 04765.

**Private Lessons** With Lawrence Gamell  
**Open Enrollment** Section # 8044

**Music Academy**  
PSC Music Academy offers private lessons for beginner, Intermediate, and advanced students to help them develop musical skills. Courses are offered in Piano.

**NOTE:** Students will need to coordinate with the PSC Music Department (850-484-1800) before registering. (Prices vary from \$70 to \$141.)

**Music Made Easy** \$99  
Study rhythm, melody, and harmony. Learn to recognize pitches and harmony. (12 hours) Course R 03904.

**Online** Ed2Go  
**Open Enrollment** Section # 8153

See page 7 for more about



## PHOTOGRAPHY COURSES

**Basic Photography Workshop with James Stegall** \$46

Learn about F-stops, shutter speeds, and ISO's through hands-on photo opportunities at various locations and walk away with some great shots. Camera required (with charged batteries and film/card, money for lunch and own transportation for fieldtrip. (7 hours) Course R 05273.

**Fri/Sat** 7:30 a.m.–11:00 a.m.  
September 10-11 Section # 8052  
Bldg. 14, Room 1442 Pensacola Campus

**Individual Photography (Private Lessons)** \$153  
One-on-one instruction and coaching is to improve photography skills. Suitable for all levels of ability.

**NOTE:** Class scheduling is arranged between student and instructor. For more information call 850-484-1797. (6 hours) Course R 05075.

**Private Lessons** With James Stegall  
**Open Enrollment** Section # 8051

**Nature Photography with James Stegall** \$46

Hands on photography on location in the field--begin in class then go to natural sites to take photos and learn tips to get those beautiful award-winning shots that make you proud. (7 hours) Course R 05276.

**NOTE:** Camera required (and bring charged batteries and film or card), money for lunch, and provide own transportation for fieldtrip.

**Fri/Sat** 7:30 a.m.–11:00 a.m.  
September 24-25 Section # 8053  
Bldg. 14, Room 1442 Pensacola Campus

**Night Shoot Photography Workshop with James Stegall** \$38

Get beautiful photographs of things at night without using a flash. Field trips are planned to various locations around Pensacola for capturing a variety of scenes for hands-on photo opportunities. Camera required (include charged batteries and film or card) and provide own transportation for fieldtrip. (4 hours) Course R 05274.

**Friday** 6:30 p.m.–10:30 p.m.  
October 8 Section # 8054  
Bldg. 14, Room 1442 Pensacola Campus

**Discover Digital Photography** \$99  
Informative introduction to the fascinating world of digital photography equipment. (12 hours) Course R 02083.

**Online** Ed2Go  
**Open Enrollment** Section # 8129

**Photographing Nature with Your Digital Camera** \$99

Learn how to use your digital camera to take stunning nature photos including: landscapes, flowers, animals, and even macro shots. (12 hours) Course R 04339.

**Online** Ed2Go  
**Open Enrollment** Section # 8160

**Photographing People with Your Digital Camera** \$99

Make taking beautiful pictures of adults, children and babies simple. Review and discover the best ways to shoot faces, repair common problems, and more. (12 hours) Course R 02675.

**Online** Ed2Go  
**Open Enrollment** Section # 8161



### Photoshop Creative Cloud for Digital Photographers \$99

Learn step-by-step to correct flaws, enhance photos, add text and prepare images for email and the web using Adobe Photoshop CC, a powerful subscription software, provides support and specialized editing tools. (12 hours) Course R 05310.

Online Ed2Go  
Open Enrollment Section # 8162

### Photoshop Elements for the Digital Photographer \$99

Learn to do quick fixes or detailed enhancements to improve digital images. Explore the features and tools to control the powerful technology of Photoshop Elements. (12 hours) Course R 05701.

Online Ed2Go  
Open Enrollment Section # 8158

### Photoshop Elements for the Digital Photographer II \$99

Master advanced features of Adobe Photoshop Elements 13 to improve digital images. (12 hours) Course R 05702.

Online Ed2Go  
Open Enrollment Section # 8159

### Secrets of Better Photography \$99

Explore strategies; learn a variety of tricks to create excellent photographs in all types of situations. (12 hours) Course R 02373.

Online Ed2Go  
Open Enrollment Section # 8135

### Travel Photography for the Digital Photographer \$99

Learn tools and tricks that enable digital photographers to capture scenes from around the world and bring them home. (12 hours) Course R 04170.

Online Ed2Go  
Open Enrollment Section # 8130

### Your Digital SLR Camera \$99

Get control of your digital SLR camera; master aperture, shutter speed, ISO, exposure settings and more. (12 hours) Course R 05264.

Online Ed2Go  
Open Enrollment Section # 8137

## LANGUAGES & WRITING

### LANGUAGE COURSES

#### ASL I, Sign Language \$87

ASL I is an introduction to American Sign Language (ASL). Includes basic grammar, vocabulary, fingerspelling, numbers, and cultural information related to the Deaf Community. (16 hours) Course R 06255.

Mons/Weds Sept. 13–Oct. 6  
6:00 p.m.–8:00 p.m. Section # 8194  
Bldg. 4, Room 0445 Pensacola Campus

#### ESL One-on-one Lessons \$150

One-on-one lessons for students who want additional help with their English as a Second Language. (6 hours) Course R 04810.

Private Lessons With Lawrence Gamell  
Open Enrollment Section # 8045

### French Individual Lessons \$153

Take private lessons with a native speaker of French to learn basics, refresh knowledge or improve skills through study of French grammar, pronunciation, and usage. Progress at your own pace.

**NOTE:** Scheduling of lessons is arranged between student and instructor. Before registering call 850-484-1797. (6 hours) Course R 05423.

Private Lessons With Dr. Alexandrine Nash  
Open Enrollment Section # 8193

### Discover Sign Language \$99

Learn to communicate with your hands using Sign Language. Videos enhance instruction. (12 hours) Course R 05448.

Online Ed2Go  
Open Enrollment Section # 8167

### Discover Sign Language II \$115

Learn to build phrases and sentences with the vocabulary from Discover Sign Language I. Add vocabulary, more signing practice in phrases and sentences. Record your signing for review. Explore deaf culture, its history, famous deaf individuals, and impact of recent laws and technology on the modern-day deaf community. (24 hours) Course R 06526.

Online Ed2Go  
Open Enrollment Section # 8181

### French, Beginning Conversational \$99

Learn common French words and phrases for leisure and business. Pronunciation is made simple with phonetic spellings for every word and phrase you need to learn. (12 hours) Course R 02653.

Online Ed2Go  
Open Enrollment Section # 8140

### Grammar Refresher \$99

Grammar is fun if you know the rules. Interactive exercises will give you ample opportunity to put into practice everything you learn. (12 hours) Course R 03901.

Online Ed2Go  
Open Enrollment Section # 8146

### Conversational Japanese \$99

Whether you want to learn Japanese for travel or just for fun, you will find this course makes it easy and enjoyable for beginners to master the essentials of the Japanese language. (12 hours) Course R 04341.

Online Ed2Go  
Open Enrollment Section # 8150

### Instant Italian \$99

Learn how to express yourself comfortably in Italian. You will learn practical, everyday words and phrases that will make your stay in Italy more enjoyable. (12 hours) Course R 03860.

Online Ed2Go  
Open Enrollment Section # 8148

### Speed Spanish I \$111

For anyone who wants to learn Spanish pronto; learn six easy recipes for gluing Spanish words together to form sentences. Que Bueno! (12 hours) Course R 02084.

Online Ed2Go  
Open Enrollment Section # 8169

### Speed Spanish II \$111

This follow-up to the Speed Spanish I course introduces several new recipes to help you quickly build fluency. You will see words, hear them pronounced properly and be granted plenty of opportunities to practice your pronunciation. (12 hours) Course R 03083.

Online Ed2Go  
Open Enrollment Section # 8170

**Speed Spanish III** **\$111**  
Master your ability to speak, understand, and read Spanish by taking the final installment in this unique, online, three-part, Speed Spanish learning series. (12 hours) Course R 03505.

**Online** **Ed2Go**  
**Open Enrollment** **Section # 8171**

## READING & WRITING COURSES

**Ready Set Read!** **\$99**  
Learn what the newest research says about how children really learn to read and write. Become a powerful guide to literacy development when you work with young children. (12 hours) Course R 03090.

**Online** **Ed2Go**  
**Open Enrollment** **Section # 8163**

**Merrill Ream Speed Reading** **\$99**  
Learn to read faster and with better comprehension from acclaimed speed reading expert Dr. Merrill Ream. Master the skills/techniques to become a proficient speed reader. (12 hours) Course R 02381.

**Online** **Ed2Go**  
**Open Enrollment** **Section # 8168**

**Beginner's Guide to Getting Published** **\$111**  
Learn how to give yourself the credibility you need to get your books and articles published. (12 hours) Course R 02846.

**Online** **Ed2Go**  
**Open Enrollment** **Section # 8144**

**Mystery Writing** **\$99**  
Course uses vivid examples from bestselling novels to teach the techniques you need to become a successful mystery author. (12 hours) Course R 03514.

**Online** **Ed2Go**  
**Open Enrollment** **Section # 8154**

**Screenwriting Introduction** **\$111**  
In this course progress from how to write a script — structure, character creation and dialogue — to tips for marketing and selling a screenplay. (12 hours) Course R 05135.

**Online** **Ed2Go**  
**Open Enrollment** **Section # 8166**

**Write Fiction Like A Pro** **\$99**  
The novice fiction writer is introduced to the techniques used by professionals to structure novels and stories for maximum dramatic effect. (12 hours) Course R 05793.

**Online** **Ed2Go**  
**Open Enrollment** **Section # 8174**

**Write and Publish Your Nonfiction Book** **\$99**  
Learn how to write your own non-fiction book while also acquiring skills to have your book published. (12 hours) Course R 04391.

**Online** **Ed2Go**  
**Open Enrollment** **Section # 8176**

**Write Your Life Story** **\$99**  
Learn step-by-step to capture in writing the ideas about your life and tools to tell the stories in your life. (12 hours) Course R 03909.

**Online** **Ed2Go**  
**Open Enrollment** **Section # 8180**

**Writing for ESL** **\$99**  
Speakers of other languages learn to write in English more effectively to succeed in college and at work. (12 hours) Course R 04640.

**Online** **Ed2Go**  
**Open Enrollment** **Section # 8179**

**Writing Essentials** **\$111**  
Learn to create solid drafts by selecting strong, persuasive words, spelling correctly, choosing the right punctuation and crafting well written sentences, effective paragraphs and organizing your material logically. (12 hours) Course R 06007.

**Online** **Ed2Go**  
**Open Enrollment** **Section # 8178**

**Writing for Children** **\$99**  
Published children's author shows you how to touch the heart of children by creating books for them. (12 hours) Course R 03516.

**Online** **Ed2Go**  
**Open Enrollment** **Section # 8175**

**Writing Young Adult Fiction** **\$99**  
Learn tips for breaking into one of today's hottest publishing markets and to develop your own young adult fiction. (12 hours) Course R 05057.

**Online** **Ed2Go**  
**Open Enrollment** **Section # 8177**

## DOGS & PETS

**Dog Manners Primary Handler Taught by Cindy Sanford** **\$39**  
Basic obedience is for the family puppy or dog using primarily positive techniques including sit, down, stay, come, leash walking and house manners. This shorter training format is suitable for all ages. **Bring your pet's inoculation records, including rabies and bordetella, to the first class.** (6 hours) Course R 04628.

**NOTE:** The 2nd Handler of the same pet may enroll for a reduced fee (\$21) in Course R 04629 to attend with a primary handler who is enrolled in Course R 04628.

**Pensacola Campus**  
Thursdays  
Primary Handler  
Second Handler  
**Warrington Campus**  
Saturdays  
Primary Handler  
Second Handler

**Sept. 23–Oct. 28**  
6:00 p.m.–10:59 a.m.  
**Section # 8373**  
**Section # 8375**  
**Sept. 25–Nov. 6**  
10:00 a.m.–10:59 a.m.  
**Section # 8374**  
**Section # 8376**

**Start a Pet Sitting Business** **\$111**  
Discover how to translate your love of animals into a fun and profitable career. (12 hours) Course R 04633.

**Online** **Ed2Go**  
**Open Enrollment** **Section # 8157**



### PRIVATE LESSONS IN DOG OBEDIENCE **\$153**

With Christie Mendoza

Christie's experience includes AKC Puppy Start, Basic Obedience, Beginners AKC Rally and Puppy Agility.

Call 850-484-1797 before enrolling.  
(6 hours) Course R 05159.

**NOTE:** Bring your pets inoculation records to first lesson.

**Section # 8377**

## FOOD & ENTERTAINMENT

### Wow, What a Great Event!

**\$99**

Learn to create and coordinate successful events. Develop skills, find resources, and gain confidence to plan and produce any event. (12 hours) Course R 04511.

**Online**  
Open Enrollment

**Ed2Go**  
Section # 8173

## HOBBIES & DIY

### SMALL ENGINE & AUTO COURSES

#### Advanced Small Engine Repair

**\$175**

Go beyond the basics of small engine repair; study skills to prepare for the E.E.T.C. exam. Repairing small engines in class will provide hands-on learning experiences. Students must have own tools, notepad and pencil; come prepared for shop work. Instructor will provide a list of what you need in the first class. David Blair, instructor. (30 hours) Course R 06480.

**Saturdays**  
9:00 a.m.–Noon  
TBA

**Sept. 11–Nov. 20**  
Section # 8370  
Pensacola Campus

#### Basic Small Engine Repair

**\$175**

Fix small engines on your own! Learn about preventive maintenance, tune-ups, carburetor rebuild, trouble shooting, safety, and more about 2-cycle and 4-cycle engines. David Blair, instructor. (30 hours) Course R 06251.

**Thursdays**  
6:00 p.m.–9:00 p.m.  
Bldg. 17, Room 1708

**Sept. 16–Dec. 9**  
Section # 8371  
Pensacola Campus

#### Auto Know, Auto Care

**\$60**

Learn more about your car: tune-up and maintenance, roadside emergency, looking for a good mechanic or shop, and more. Bring your owner's manual. Taught by auto and small engine mechanic, David Blair. (8 hours) Course R 06317.

**Wednesdays**  
6:00 p.m.–8:00 p.m.  
Bldg. 17, Room 1708

**Sept. 15–Oct. 6**  
Section # 8372  
Pensacola Campus

### MISCELLANEOUS

#### Amateur Radio Introduction & Upgrade

**\$21**

Achieve goals for the initial Amateur Radio Operator's license or to upgrade an existing operator's license to the next level. A Volunteer Examiner (VEC) will administer the tests for students who want to obtain the license or upgrade. (50 hours) Course R 06254.

**Tues/Thurs**  
6:00 p.m.–8:30 p.m.  
Bldg. 96, Room 9663

**Sept. 7–Nov. 16**  
Section # 8189  
Pensacola Campus

#### Birds on Location with James Stegall

**\$46**

Study local birds and habitats—where they live, what they eat, their migration habits, and more. Use equipment such as binoculars, spotters, and scopes while on a birding fieldtrip. Have some fun!

**NOTE:** Provide your own transportation. (7 hours) Course R 06147.

**Saturdays**  
7:00 a.m.–4:00 p.m.  
Bldg. 14, Room 1442

**October 30**  
Section # 8055  
Pensacola Campus

*Don't see what you want?*

Send us your suggestions!

ce@pensacolastate.edu or call 850-484-1797.

### Care for Your Crepe Myrtle

**\$36**

Learn to correctly trim and maintain your crepe myrtle throughout the year, learn the correct soil and fertilizer requirements and avoid common practices that shorten and destroy the life of the plant. Learn about new varieties of crepe myrtle. Enjoy its full landscape potential. (3 hours) Course R 06285.

**Saturdays**  
9:00 a.m.–12:00noon  
Bldg. 14, Room 1442

**November 13**  
Section # 8226  
Pensacola Campus

### Digital Scrapbooking Introduction

**\$99**

Combine digital and traditional scrapbooking techniques in Photoshop Elements. Create art, collages and scrapbooks. (12 hours) Course R 05077.

**Online**  
Open Enrollment

**Ed2Go**  
Section # 8131

### Genealogy Basics

**\$99**

Learn in simple terms where to look, who to contact and how to use the computer and Internet to research family heritage and history. (12 hours) Course R 03898.

**Online**  
Open Enrollment

**Ed2Go**  
Section # 8142

### Start an Arts and Crafts Business

**\$111**

Learn from a professional artist how to start an arts and crafts business, how to find your niche within your chosen craft, and how to create your own unique business identity. (12 hours) Course R 04631.

**Online**  
Open Enrollment

**Ed2Go**  
Section # 8134

### Start a Gift Basket Business

**\$111**

Want to start a home-based business as a gift basket designer? Learn the sales secrets of successful designers to make a gift basket that stands out, to price fairly, to create an attractive website, and more. (12 hours) Course R 04632.

**Online**  
Open Enrollment

**Ed2Go**  
Section # 8145

### Start Your Own Edible Garden

**\$111**

Save money and become self-sufficient by growing a bounty of fruit and vegetables in your own backyard. Learn about soil preparation, plant selection, pests and disease control strategies, and watering and fertilizing correctly, so your garden will keep growing strong all season. (12 hours) Course R 05726.

**Online**  
Open Enrollment

**Ed2Go**  
Section # 8172

## ACADEMIC ENRICHMENT

### Introduction to Algebra

**\$111**

Develop a rich understanding of the rudiments of algebra in a relaxed and supportive learning environment. Understand some of the most important algebraic concepts. (12 hours) Course R 02945.

**Online**  
Open Enrollment

**Ed2Go**  
Section # 8149

### Homeschool with Success

**\$99**

Discover how to home school your children in a way that ensures they get what they need both academically and socially. (12 hours) Course R 04401.

**Online**  
Open Enrollment

**Ed2Go**  
Section # 8192

### Math Refresher

**\$111**

Gain confidence in your basic math skills so you can start using it to your advantage. (12 hours) Course R 03897.

**Online**  
Open Enrollment

**Ed2Go**  
Section # 8152

## CAREERS

### Explore a Career in Nursing

\$99

Interested in a career that's meaningful and challenging with a great salary, benefits, and opportunities for advancement? Try nursing, a fast-growing segment of the healthcare industry with many options. Learn about traditional bedside work to critical care areas like the OR or ICU, or lesser-known branches like nursing informatics. (12 hours) Course R 06515.

Online  
Open Enrollment

Ed2Go  
Section # 8185

### Explore a Career as a Pharmacy Technician

\$99

Health care is a booming field, and pharmacy technicians are in high demand. In this course, you'll look at the many job settings and career paths open to you if you become a pharmacy technician. You'll master the skills you need to get an entry-level position as a pharmacy tech or clerk. (12 hours) Course R 06516.

Online  
Open Enrollment

Ed2Go  
Section # 8186

### Become a Physical Therapy Aide

\$99

Prepare for a rewarding career as an important member of the physical therapy team. Study the workings of the human body, various disorders, patient safety, and terminology of this profession. (12 hours) Course R 06517.

Online  
Open Enrollment

Ed2Go  
Section # 8187

### Become a Veterinary Assistant

\$99

Are you considering a career as a veterinary assistant? This course will help answer your questions as you learn about pet nutrition, preventing parasites, health and safety issues, reasons for/against neutering, and how to best assist owners in times of need. (12 hours) Course R 06518.

Online  
Open Enrollment

Ed2Go  
Section # 8188

## COMPUTERS & TECHNOLOGY

### Computer Basics for Seniors

\$61

This is for first-time computer owners to learn basic computer concepts for off-line projects, safe/confident online applications, and more. (16 hours) Course R 05134.

Fridays  
Sept. 17–Nov. 5  
Bldg. 7700, Room 7724

9:00 a.m.–11:00 a.m.  
Section # 8225  
Century Center

### Blogging and Podcasting for Beginners

\$99

Gain a greater understanding of blogs, wikis, and podcast. (12 hours) Course R 04388.

Online  
Open Enrollment

Ed2Go  
Section # 8136

### Introduction to PC Security

\$111

Explore the many vulnerabilities of operating systems, software and networks. Identify and work to prevent DOS, SYN flooding, and other network attacks. Learn to safely share files and data across the Internet using a virtual private network and to install and configure a firewall to build an impenetrable moat around the computer or network. (12 hours) Course R 05456.

Online  
Open Enrollment

Ed2Go  
Section # 8156

### Keyboard Typing I

\$99

Use the computer program Keyboarding Pro 5 to learn the basic skills of touch-typing. (12 hours) Course R 03021.

Online  
Open Enrollment

Ed2Go  
Section # 8151

## Learn to Buy and Sell on eBay

\$99

From auction pros learn how to work from home and earn extra income buying and selling goods online. Create titles and craft advertising copy that get noticed, create and upload photos, accept credit card payments, pack/ship items and more. (12 hours) Course R 02378.

Online  
Open Enrollment

Ed2Go  
Section # 8139

## TEST PREP

### Prepare for the GED Math Test

\$111

Master the skills required to pass the Mathematical Reasoning module in the GED® test series. (12 hours) Course R 03079.

Online  
Open Enrollment

Ed2Go  
Section # 8182

### Prepare for the GED Test

\$111

Build reading and thinking skills needed to succeed in all five areas: writing, social studies, science, literature, math. (12 hours) Course R 02253.

Online  
Open Enrollment

Ed2Go  
Section # 8141

### GRE Preparation Part I

\$99

Discover powerful strategies for success in the verbal reasoning and analytical writing sections of the GRE. (12 hours) Course R 02091.

Online  
Open Enrollment

Ed2Go  
Section # 8126

### GRE Preparation Part II

\$99

Learn a variety of useful techniques for tackling the quantitative reasoning sections of the GRE. (12 hours) Course R 02092.

Online  
Open Enrollment

Ed2Go  
Section # 8127

### SAT/ACT Preparation Part I

\$99

Part I will give you all the information you need to do well on the verbal portion of the ACT and SAT. (12 hours) Course R 02144.

Online  
Open Enrollment

Ed2Go  
Section # 8164

### SAT/ACT Preparation Part II

\$99

Part II will give you all the information that you need to do well on the math portion of the ACT and SAT. (12 hours) Course R 02146.

Online  
Open Enrollment

Ed2Go  
Section # 8165



Online courses are available each month  
**Aug. 18, Sept. 15, Oct. 13, Nov. 17**

Go to [www.ed2go.com/ce](http://www.ed2go.com/ce)  
for course descriptions and to begin lessons.

Go to [ce.pensacolastate.edu](http://ce.pensacolastate.edu)  
to register and pay using **Register Now**

Need help?  
Call Continuing Education, 850-484-1797



## LIFE SKILLS & ENRICHMENT

### Alzheimer's/Dementia Caregiving 101 \$70

Learn effects of Alzheimer's disease on the brain, ten warning signs, treatment, medications and clinical behavioral characteristics of people diagnosed. Learn about the stages from early, middle and late dementia symptoms and how to provide the best care for your loved one. Learn how a caregiver can avoid burnout when dealing with the challenging behaviors of a loved one with Alzheimer's. (12 hours) Course R 06523.

**Tues/Thurs**  
October 5-21  
Bldg. 5100, Room 5131B

**10:00 a.m.–Noon**  
Section # 8228  
South Santa Rosa Center

### Divorce Financial Planning \$38

Provides students with practical knowledge and resources they can use to manage their finances with confidence before, during and after the divorce process. (4 hours) Course R 05769.

**Tues/Thurs**  
5:30 p.m.–7:30 p.m.  
Bldg. 14, Room 1442  
**Tues/Thurs**  
5:30 p.m.–7:30 p.m.  
Bldg. 5100, Room 5132

**September 14-16**  
Section # 8223  
Pensacola Campus  
**October 5-7**  
Section # 8224  
South Santa Rosa Center

### Financial Survival for Retirement \$36

If you are nearing or living in retirement, the course will fill critical knowledge gaps and help you plan your financial future more effectively. Taught by Bob Beargie. (4 hours) Course R 05111.

**Thursdays**  
5:30 p.m.–7:30 p.m.  
Bldg. 14, Room 1442  
**Thursdays**  
5:30 p.m.–7:30 p.m.  
Bldg. 4400, Room 4411

**October 7-14**  
Section # 8048  
Pensacola Campus  
**Oct 28–Nov 04**  
Section # 8049  
Milton Campus

### Medicare Made Easy \$21

Clear your confusion about parts of Medicare, enrollment rules and penalties, Medicare supplements, and more—for those turning 65 and/or those wanting a review. Taught by Pam Giles. (2 hours) Course R 04876.

**Tuesdays**  
5:30 p.m.–7:30 p.m.  
Bldg. 14, Room 1411  
**Thursdays**  
5:30 p.m.–7:30 p.m.  
Bldg. 14, Room 1442

**October 19**  
Section # 8046  
Milton Campus  
**October 21**  
Section # 8047  
Pensacola Campus

### Aging and Health Bundle \$230

Gain knowledge and skills from the latest research and emerging trends to help you effectively care for and work with the aging population. Study healthy aging, gerontology, and brain health. (45 hours) Course R 06538

**Online**  
Open Enrollment

**Ed2Go**  
Section # 8184

### Get Assertive \$99

Learn to deal with anger and criticism. Gain the skills to be assertive with family members, friends, and more. It is your turn to speak out! (12 hours) Course R 03899.

**Online**  
Open Enrollment

**Ed2Go**  
Section # 8143

### Helping Elderly Parents \$99

This compassionate and comprehensive class will give you tools, techniques, and insights for you to help your elderly family member in their golden years—what to expect, what to watch, how to handle physical and emotional challenges; where to find resources; more. (12 hours) Course R 06260.

**Online**  
Open Enrollment

**Ed2Go**  
Section # 8147

### Intro to Stock Options \$111

Learn how to evaluate, buy, sell, and profit from stocks. Examine the origin, risks, jargon, symbols, and other peculiarities of stock options. Explore exchange-traded funds (ETFs) and option pricing. Learn why some are overpriced or underpriced and how to tell the difference before you trade. (24 hours) Course R 06539

**Online**  
Open Enrollment

**Ed2Go**  
Section # 8132

### Music Therapy and Sound Healing \$46

This holistic method of healing uses vibrational and sound frequencies to promote healing and a state of harmony and health. Learn techniques and applications to influence physical, emotional, cognitive, and social well-being. Learn to determine goals, interventions, and therapeutic uses and benefits. Suggested for caregivers and health-care providers. (8 hours) Course R 06540

**Online**  
Open Enrollment

**Ed2Go**  
Section # 8183

### Personal Finances \$111

Learn to create and use a budget, borrow and invest wisely, make intelligent decisions about insurance, plan for your financial future and so much more. (12 hours) Course R 02992.

**Online**  
Open Enrollment

**Ed2Go**  
Section # 8128

### Stocks, Bonds & Investing \$99

This enjoyable class walks you through the fundamentals of investing. Learn about the stock markets, 401k plans, retirement and personal financial issues that are often ignored, but essential to be a successful investor. (24 hours) Course R 06542.

**Online**  
Open Enrollment

**Ed2Go**  
Section # 8133

## COURT MANDATED COURSES

### Florida Parenting Course Online \$25

The First Judicial Circuit of Florida requires that parents who are facing divorce, separation, or other legal proceedings (and have minor-aged children) complete a course to help children cope with the change to the family. This online course is approved by the Florida Department of Children and Families, as required by Florida Statute 61.21.

**NOTE:** After registering and paying for your course, call 850-484-1797 to get the website and your redemption code. (4 hours) Course R 04186.

**Online**  
Open Enrollment

**American Safety Council**  
Section # 8041

Follow us online for updates!



Continuing Education–Recreational



#PSC\_ContinuingEd

*Do you have a skill and a passion  
in a recreation and leisure subject?*

*Are you willing to share this with the community?*

Contact the Continuing Education office  
at 850-484-1797  
to discuss your course ideas.



**Guardianship Education** **\$36**  
Persons appointed by the court to be a guardian must complete Guardianship instruction within 4 months of appointment. Learn the legal duties, rights of the incapacitated and local resources. Enroll in this 8-hour course if you are becoming guardian of someone other than your own minor-age child. A light lunch will be provided.

**NOTE:** Students must bring photo ID (driver's license) to class. (8 hours) Course R 00478

**Saturday** **8:00 a.m.–4:00 p.m.**  
**October 23** **Section # 8037**  
**Bldg. 20, Room 2051** **Pensacola Campus**

**Guardianship Education** **\$36**  
The 4-hour Guardianship course is for those who are guardians of their own minor-aged children's property. Everyone else must take the 8-hour course. Each person appointed by the court to be a guardian must complete instruction within 4 months of appointment.

**NOTE:** Students must bring photo ID to class. Lunch provided. (4 hours) Course R 02687.

**Saturday** **8:00 a.m.–12:00noon**  
**October 23** **Section # 8036**  
**Bldg. 20, Room 2051** **Pensacola Campus**

## DRIVER IMPROVEMENT

**Advanced Driver Improvement Online** **\$65**  
Have a suspended driver's license due to multiple traffic citations? Implement better driving habits and deter the irresponsible behaviors that lead to habitual traffic offenses, suspensions and/or revocation. Instruction is online. Student will need to supply driver's license or state identification card number, the most recent citation number and, if applicable, the court case number for course completion to be processed. (12 hours) Course R 04644.

**Online** **American Safety Council**  
**Open Enrollment** **Section # 8038**

**Basic Driver Improvement Online** **\$20**  
For individuals who have received a minor traffic citation — this online course is to help licensed drivers function more effectively and efficiently in traffic. Provide citation number, driver's license number and, if applicable, court case number for course completion to be processed. (4 hours) Course R 04203.

**Online** **American Safety Council**  
**Open Enrollment** **Section # 8039**

**First Time Driver Online** **\$22**  
Meets the state requirement for TLSAE/DATA (Traffic Law and Substance Abuse Education). It will familiarize first-time drivers with lawful, courteous driving habits. Individuals ages 17 and under are required to take this course in order to receive their learner's permit. Individuals 18 and older are required to complete this course before taking their driver's exam and receiving their driver's license. (4 hours) Course R 04204.

**Online** **American Safety Council**  
**Open Enrollment** **Section # 8040**

**Judge Ordered Traffic Course Online** **\$38**  
This course will fulfill the requirement to complete an 8-hour traffic class that a court or judge has ordered. (8 hours) Course R 04645.

**Online** **American Safety Council**  
**Open Enrollment** **Section # 8042**

**Mature Driver Course Online** **\$20**  
For students over 55 years old with a Florida Driver's License to possibly save money on car insurance by taking a 6-hour accident prevention course. (6 hours) Course R 04646.

**Online** **American Safety Council**  
**Open Enrollment** **Section # 8043**

## FITNESS & WELLNESS

### INSTRUCTOR LED COURSES

**TAI CHI FOR HEALTH** **\$41**  
Experience many health benefits from Tai Chi and Chi Kung exercises. Develop flexibility, balance, strength, coordination, skeletal alignment, and increased organ function. Deep breathing techniques improve cardio fitness through the maximum intake of oxygen. (8 hours) Course R 05712.

**Mondays** **Sept. 13–Nov. 1**  
**5:30 p.m.–6:30 p.m.** **Section # 8121**  
**Bldg. 3, Room 0312** **Pensacola Campus**

**Introduction to Natural Health and Healing** **\$99**  
Discuss the various stages of health and illness and the value of hydrotherapy, biorhythms, fasting; the power of the mind, healthy diet, and more. Discover that true health means wholeness of mind, body, and spirit. (12 hours) Course R 03903.

**Online** **Ed2Go**  
**Open Enrollment** **Section # 8155**

### L.I.F.E. FITNESS CENTER COURSES

For dates and times, call:  
Pensacola Campus (Bldg. 1, Room 150), 850-484-1310  
Milton Campus (Bldg. 4000, Room 4416), 850-484-4490  
Warrington Campus (Bldg. 3200, Room 3230), 850-484-2310

**Express Orientation to the L.I.F.E. Fitness Center (100 hours)** **\$99**  
Student orientation to the L.I.F.E. Fitness Center includes use of nautilus and free weights, cardiovascular training equipment, and some fitness assessments. After orientation, students will be able to utilize the L.I.F.E. Fitness Center facility for the scheduled term. Course R 03567

**Open Enrollment**  
**Pensacola Campus** **Section # 8195**  
**Milton Campus** **Section # 8196**

**2nd Family Member (100 hours)** **\$57**  
For 2nd family member enrolling in course. Course R 04850.

**Open Enrollment**  
**Pensacola Campus** **Section # 8197**  
**Milton Campus** **Section # 8198**

## American Safety Council

PSC offers online **Florida Parenting**  
and **Driver Improvement** courses.

For information or to register and pay, call the  
Continuing Education Department at PSC, **850-484-1797**  
or go to **ce.pensacolastate.edu**.

Once you have completed the registration  
and payment process, call us for the online course  
**Access Code** and website link to get started.

**Express Orientation to the L.I.F.E. Fitness Center (64 hours) \$65**

Student orientation to the L.I.F.E. Fitness Center includes use of nautilus and free weights, cardiovascular training equipment, and some fitness assessments. Afterwards students will be able to utilize the fitness center for the scheduled term. Course R 03566.

**Open Enrollment starting October 11**

Pensacola Campus	Section # 8199
Milton Campus	Section # 8200

**2nd Family Member (64 hours) \$39**

For 2nd family member enrolling in course. Course R 04851.

**Open Enrollment starting October 11**

Pensacola Campus	Section # 8201
Milton Campus	Section # 8202

**Express Student Orientation to the LIFE Fitness Center \$21**

This orientation to the LIFE Fitness Center is for currently enrolled college credit students only. (2 hours) Course R 04606.

**Open Enrollment**

Pensacola Campus	Section # 8203
Milton Campus	Section # 8204
Warrington Campus	Section # 8205

**Indoor Track & Basketball Gym \$29**

Student may use the Milton Campus L.I.F.E Center, indoor track and basketball gymnasium during scheduled open hours. For safety reasons, children under five years of age may not enroll in this course nor use these areas. Children ages five through 15 may be enrolled, but must have an adult with them at all times who also is registered for this course. Individuals 16 years of age or older may participate without supervision. (90 hours) Course R 00672.

**Open Enrollment**

Milton Campus	Section # 8206
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**Recreation Fitness Lab (96 hours) \$77**

Prerequisites: Concepts of Life Fitness (HLP1081), Life Fitness Assessment for the Community (R02347) or Express Orientation to the L.I.F.E. Fitness Center (R03567) or (R03566). Students will be able to utilize the L.I.F.E Fitness Center for the scheduled term. Course R 00064.

**Open Enrollment**

Pensacola Campus	Section # 8207
Milton Campus	Section # 8208

**2nd Family Member (96 hours) \$45**

For 2nd family member enrolling in course. Course R 04855.

**Open Enrollment**

Pensacola Campus	Section # 8209
Milton Campus	Section # 8210

**Recreation Fitness Lab (60 hours) \$39**

Prerequisites: Concepts of Life Fitness (HLP1081), Life Fitness Assessment for the Community (R02347) or Express Orientation to the L.I.F.E. Fitness Center (R03567) or (R03566). Students will be able to utilize the L.I.F.E Fitness Center for the scheduled term. Course R 00211.

**Pensacola Campus**

Aug. 6–Oct. 9	Section # 8211
Oct. 11–Dec. 10	Section # 8217

**Milton Campus**

Aug. 6–Oct. 9	Section # 8212
Oct. 11–Dec. 10	Section # 8218

**Warrington Campus**

Aug 6–Oct 9	Section # 8213
Oct. 11–Dec. 10	Section # 8219

**2nd Family Member (60 hours) \$23**

For 2nd family member enrolling in course. Course R 04854.

**Pensacola Campus**

Aug 6–Oct 9	Section # 8214
Oct. 11–Dec. 10	Section # 8220

**Milton Campus**

Aug 6–Oct 9	Section # 8215
Oct. 11–Dec. 10	Section # 8221

**Warrington Campus**

Aug 6–Oct 9	Section # 8216
Oct. 11–Dec. 10	Section # 8222

## AQUATICS SWIM & EXERCISE

Pensacola Campus Swimming Pool  
Aquatics Coordinator, Kay Miller, 850-484-1311

### MASTER SWIMMERS

**Master Swim Class (45 hours) \$112**

Enjoy non-competitive, structured swimming with a workout that includes stroke drills and endurance training. Course R 01196.

**Mon/Wed/Fri**

5:30 a.m.–6:25 a.m.  
8:00 a.m.–8:55 a.m.

**Aug. 23–Dec. 10**

Section # 8090  
Section # 8091

**Master Swim Class (30 hours) \$75**

This is a non-competitive, structured swimming program; workout includes stroke drills and endurance training. Course R 00792.

**Tues/Thurs**

5:30 a.m.–6:25 a.m.  
8:00 a.m.–8:55 a.m.

**Aug. 24–Dec. 9**

Section # 8088  
Section # 8089

**Master Swim Saturday \$40**

This Master Swimming class provides a Saturday option for the serious swimmer who wants more or for the serious swimmer who can only participate on Saturdays. (15 hours) Course R 06152.

**Saturdays**

6:30 a.m.–7:25 a.m.

**Aug. 28–Dec. 4**

Section # 8092

### WATER EXERCISE

**Aqua Boot Camp \$112**

Deep-end instruction mixes water exercises (utilizing weights, fitness tubes, and boards) and aerobic swimming to improve cardio health. A buoyancy belt is used. Goggles are required. (45 hours) Course R 03588.

**Mon/Wed/Fri**

9:00 a.m.–9:55 a.m.

**Aug. 23–Dec. 10**

Section # 8078

### **Aqua Combo** **\$40**

Work in the shallow and deep ends of the pool using water resistance equipment and optional buoyancy belt. (15 hours) Course R 04558.

**Saturdays**  
8:00 a.m.–8:55 a.m.

**Aug. 28–Dec. 4**  
Section # 8079

### **Aqua Dynamics I** **\$112**

This shallow end course helps individuals to achieve their physical fitness goals by providing instruction in water exercise. Work at your own pace. (45 hours) Course R 02345.

**Mon/Wed/Fri**  
7:00 a.m.–7:55 a.m.  
9:00 a.m.–9:55 a.m.  
10:00 a.m.–10:55 a.m.

**Aug. 23–Dec. 10**  
Section # 8085  
Section # 8086  
Section # 8087

### **Aqua Dynamics I** **\$75**

This shallow end course helps individuals to achieve their physical fitness goals by providing instruction in water exercise. Work at your own pace. (30 hours) Course R 02343.

**Mon/Wed**  
6:35 p.m.–7:30 p.m.  
**Tues/Thurs**  
7:00 a.m.–7:55 a.m.  
9:00 a.m.–9:55 a.m.  
10:00 a.m.–10:55 a.m.  
6:35 p.m.–7:30 p.m.

**Aug. 23–Dec. 8**  
Section # 8080  
**Aug. 24–Dec. 9**  
Section # 8081  
Section # 8082  
Section # 8083  
Section # 8084

### **Aqua Mini Term, Twice a Week (15 hours)** **(by Permission Only)** **\$38**

If you can only attend for half the term, enroll in Mini Term to attend half of a course that meets twice a week. Phone Kay Miller, 850-484-1311, for permission. (15 hours) Course R 04604.

**Mon/Wed or Tues/Thurs**

**Aug. 23–Oct. 14**  
**Oct. 18–Dec. 9**

Section # 8093  
Section # 8094

### **Aqua Mini Term, Three Times a Week (22.5 hours)** **(by Permission Only)** **\$56**

If you can only attend for half the term, enroll in the Mini Term to attend half of a course that meets three times a week. Phone Kay Miller, 850-484-1311, for permission. (22.5 hours) Course R 04603.

**Mon/Wed/Fri**  
**Aug. 23–Oct. 15**  
**Oct. 15–Dec. 10**

Section # 8095  
Section # 8096

## **SWIM LESSONS**

### **Adult Swimming Lessons** **\$63**

Learn to swim, improve existing aquatics skills and enjoy the health benefits of a swimming program. (10 hours) Course R 01118.

**Tues/Thurs**  
**Aug. 10–Sept. 9**  
**Mon/Wed**  
**Sept. 27–Oct. 27**

**7:30 p.m.–8:29 p.m.**  
Section # 8077  
**7:30 p.m.–8:25 p.m.**  
Section # 8227

### **Adult Swim Lessons II** **\$63**

This course is for students who have achieved the swimming skills taught in Adult Swim Lessons; students need to supply their own goggles for this course. (10 hours) Course R 06561.

**Tues/Thurs**  
**Sept. 21–Oct. 21**

**7:30 p.m.–8:25 p.m.**  
Section # 8115

### **Beginner Swim Club 6 to 12** **\$50**

This small group class is for children ages 6 to 12 years to learn how to swim. Children who cannot swim are taught beginning swimming skills and to be comfortable and safe in the water. This is a pre-requisite to Kids Swim Club if the child cannot yet swim. (6 hours) Course R 06562.

**Saturday**  
9:00 a.m.–10:00 a.m.

**Sept. 11–Oct. 16**  
Section # 8112

### **Individual Swim Lessons** **\$155**

Receive one-on-one instruction to learn to swim or improve skills in a shorter alternative to the ten-hour individual swim. Contact Kay Miller, 850-484-1311 before enrolling. (6 hours) Course R 06463.

### **Kids Swim Club, 6 to 12 Years** **\$35**

Learn to swim or enhance your skills! Every Friday join the Kids Swim Club is for children ages 6-12 to learn beyond the basics to enhance your child's swimming skills. Scheduled Fridays and Saturdays. Parent drop-off/pick-up is allowed. (7 hours) Course R 06530.

**Fridays**  
**Sept. 10–Oct. 1**  
**Oct. 8–29**  
**Saturdays**  
**Aug. 14–Sept. 9**  
**Oct. 23–Nov. 13**

**1:00 p.m.–2:45 p.m.**  
Section # 8111  
Section # 8113  
**9:00 a.m.–10:45 a.m.**  
Section # 8076  
Section # 8114

### **Preschool Swim Lessons,** **Ages 3-5 Years** **\$63**

Children learn swimming skills, water safety and fun in the water. (10 hours) Course R 04615.

**Tues/Thurs**  
2:00 p.m.–2:55 p.m.

**Aug. 31–Sept. 2**  
Section # 8098

## **OPEN SWIM**

### **Recreation and Leisure Swimming** **\$39**

The participant may utilize the pool during recreation swim hours. For schedule call 850-484-1311. (96 hours) Course R 00065.

**Open Enrollment**

Section # 8117

### **Rec Swim Child 6 to 13 Years** **\$25**

Reduced fee for children ages 6-13 to participate in the recreation swim with an adult family member enrolled in aquatics classes or Recreation Leisure Swim. (96 hours) Course R 06531.

**Open Enrollment**

Section # 8119

### **Senior Swim Discount** **\$29**

Senior adults ages 60 years or older who are members of the Senior Club may utilize the pool during the recreation swim hours for a discounted fee. Permission to enroll is required. Contact Kay Miller, 850-484-1311, for information and permission. (96 hours) R 06143

**Open Enrollment**

Section # 8118

**Are you visiting from out of town and only want to utilize the pool for a few days?**  
**We offer just the course!**

**Rec Swim Guest — Section 8116     \$13**

**Contact Kay Miller, 850-484-1311, for schedule and permission to enroll. *Permission is required.***



## GYMNASTICS

Pensacola Campus, Bldg. 19  
Fall A, August 23–October 16  
Fall B, October 18–December 18

### Co-ed Beginner

\$128

For boys and girls ages 6+ who have never participated in gymnastics or have only participated minimally; (8 hours) Course R 06567.

#### Mondays

Aug. 23–Oct. 11  
Oct. 18–Dec. 13

#### Tuesdays

Aug. 24–Oct. 14  
Oct. 19–Dec. 14

#### Tuesdays

Aug. 24–Oct. 14  
Oct. 19–Dec. 14

#### Thursdays

Aug. 26–Oct. 14  
Oct. 21–Dec. 16

6:30 p.m.–7:25 p.m.

Section # 8279

Section # 8327

9:30 a.m.–10:25 a.m.

Section # 8270

Section # 8318

10:45 a.m.–11:40 a.m.

Section # 8271

Section # 8319

5:30 p.m.–6:25 p.m.

Section # 8306

Section # 8354

### Girls Beginner

\$128

For girls ages 6+ who have never participated in gymnastics or have only participated minimally; (8 hours) Course R 06568.

#### Mondays

Aug. 23–Oct. 11  
Oct. 18–Dec. 13

#### Mondays

Aug. 23–Oct. 11  
Oct. 18–Dec. 13

#### Tuesdays

Aug. 24–Oct. 12  
Oct. 19–Dec. 14

#### Wednesdays

Aug. 25–Oct. 13  
Oct. 20–Dec. 15

#### Thursdays

Aug. 26–Oct. 14  
Oct. 21–Dec. 16

#### Saturdays

Aug. 28–Oct. 16  
Oct. 23–Dec. 18

3:30 p.m.–4:25 p.m.

Section # 8272

Section # 8320

5:30 p.m.–6:25 p.m.

Section # 8274

Section # 8322

5:00 p.m.–5:55 p.m.

Section # 8284

Section # 8332

5:30 p.m.–6:25 p.m.

Section # 8297

Section # 8345

3:30 p.m.–4:25 p.m.

Section # 8304

Section # 8352

9:00 a.m.–9:55 a.m.

Section # 8311

Section # 8359

### Girls Advanced Beginner

\$128

For girls ages 6+ who can demonstrate competency in beginner skills; (8 hours) Course R 06570.

#### Mondays

Aug. 23–Oct. 11  
Oct. 18–Dec. 13

#### Tuesdays

Aug. 24–Oct. 12  
Oct. 19–Dec. 14

#### Wednesdays

Aug. 25–Oct. 13  
Oct. 20–Dec. 15

#### Wednesdays

Aug. 25–Oct. 13  
Oct. 20–Dec. 15

#### Thursdays

Aug. 27–Oct. 14  
Oct. 21–Dec. 16

#### Saturdays

Aug. 28–Oct. 16  
Oct. 23–Dec. 18

4:30 p.m.–5:25 p.m.

Section # 8273

Section # 8321

4:00 p.m.–4:55 p.m.

Section # 8283

Section # 8331

4:30 p.m.–5:25 p.m.

Section # 8296

Section # 8344

6:30 p.m.–7:25 p.m.

Section # 8298

Section # 8346

4:30 p.m.–5:25 p.m.

Section # 8305

Section # 8353

10:00 a.m.–10:55 a.m.

Section # 8312

Section # 8360

### Boys Advanced Beginner

\$128

For boys ages 6+ who can demonstrate competency in Beginner skills; (8 hours) Course R 06566.

#### Wednesdays

Aug. 25–Oct. 13  
Oct. 20–Dec. 15

#### Thursdays

Aug. 26–Oct. 14  
Oct. 21–Dec. 16

3:30 p.m.–4:25 p.m.

Section # 8295

Section # 8343

3:30 p.m.–4:25 p.m.

Section # 8299

Section # 8347

### Girls Intermediate

\$160

For girls ages 6+ who have attained most of the skills taught in advanced beginner classes; (12 hours) Course R 06571.

#### Tuesdays

Aug. 24–Oct. 15  
Oct. 19–Dec. 14

#### Saturdays

Aug. 28–Dec. 16  
Oct. 23–Dec. 18

6:00 p.m.–7:25 p.m.

Section # 8285

Section # 8333

11:00 a.m.–12:25 p.m.

Section # 8313

Section # 8361

### Girls Intermediate Twice a Week

\$301

Students attend two, one-and-one-half hour classes a week for a reduced fee. Permission is required to ensure that space is available in the selected classes. Call 850-484-1797 for details and permission. (24 hours) Course R 06572.

#### Sessions

Aug. 24–Oct. 16  
Oct. 19–Dec. 18

Section # 8314

Section # 8362

### Parent Child 1

\$75

For children 6-12 months accompanied by a parent who seeks to establish a bond while at the same time developing the baby's coordination, general motor skills, balance and strength; (4 hours) Course R 06575. Parent will enroll by permission in course N 00388. Call 850-484-1797 for parent registration after completing enrollment of child.

#### Tuesdays

Aug. 24–Oct. 12

Oct. 19–Dec. 14

#### Wednesdays

Aug. 25–Oct. 13

Oct. 20–Dec. 15

#### Saturdays

Aug. 28–Oct. 10

Oct. 23–Dec. 18

9:15 a.m.–9:45 a.m.

Section # 8280 Child

Section # 8809 Parent

Section # 8328 Child

Section # 8812 Parent

3:25 p.m.–3:55 p.m.

Section # 8289 Child

Section # 8810 Parent

Section # 8337 Child

Section # 8813 Parent

Noon–12:30 p.m.

Section # 8310 Child

Section # 8811 Parent

Section # 8358 Child

Section # 8814 Parent



## Parent Child 2

\$100

For children ages 1 to 3 years accompanied by a parent; develops basic gymnastics skills--coordination, strength, and stretching--and teaches socialization with other children.

(6 hours) Course R 06576. Parent will enroll by permission in course N 00389. Call 850-484-1797 for parent registration after completing enrollment of child.

### Pensacola Campus

#### Mondays

Aug. 23–Oct. 11

Oct. 18–Dec. 13

#### Tuesdays

Aug. 24–Oct. 12

Oct. 19–Dec. 14

#### Thursdays

Aug. 26–Oct. 14

Oct. 21–Dec. 16

3:45 p.m.–4:25 p.m.

Section # 8276 Child

Section # 8815 Parent

Section # 8324 Child

Section # 8818 Parent

10:00 a.m.–10:40 a.m.

Section # 8281 Child

Section # 8816 Parent

Section # 8329 Child

Section # 8819 Parent

3:45 p.m.–4:25 p.m.

Section # 8301 Child

Section # 8817 Parent

Section # 8349 Child

Section # 8820 Parent

## Preschool 1

\$128

Boys and girls ages 3–4 years will be introduced to basic concepts of gymnastics using a variety of stations. (8 hours) Course R 06576

#### Mondays

Aug. 23–Oct. 11

Oct. 18–Dec. 13

#### Tuesdays

Aug. 24–Oct. 12

Oct. 19–Dec. 14

#### Tuesdays

Aug. 24–Oct. 12

Oct. 19–Dec. 14

#### Wednesdays

Aug. 25–Oct. 13

Oct. 20–Dec. 15

#### Thursdays

Aug. 26–Oct. 14

Oct. 21–Dec. 16

#### Thursdays

Aug. 26–Oct. 14

Oct. 21–Dec. 16

#### Saturdays

Aug. 28–Oct. 16

Oct. 23–Dec. 18

4:30 p.m.–5:25 p.m.

Section # 8277

Section # 8325

10:45 a.m.–11:45 a.m.

Section # 8282

Section # 8330

4:00 p.m.–4:55 p.m.

Section # 8286

Section # 8334

5:00 p.m.–5:55 p.m.

Section # 8291

Section # 8339

3:30 p.m.–4:25 p.m.

Section # 8300

Section # 8348

5:30 p.m.–6:25 p.m.

Section # 8303

Section # 8351

9:00 a.m.–9:55 a.m.

Section # 8307

Section # 8355

## Preschool 2

\$128

Boys and girls continue to learn fundamentals of gymnastics. (8 hours) Course R 06578.

#### Mondays

Aug. 23–Oct. 11

Oct. 18–Dec. 13

#### Tuesdays

Aug. 24–Oct. 12

Oct. 19–Dec. 14

#### Wednesdays

Aug. 25–Oct. 13

Oct. 20–Dec. 15

#### Thursdays

Aug. 26–Oct. 14

Oct. 21–Dec. 16

#### Saturdays

Aug. 28–Oct. 16

Oct. 23–Dec. 18

5:30 p.m.–6:25 p.m.

Section # 8278

Section # 8326

6:00 p.m.–6:55 p.m.

Section # 8288

Section # 8336

4:00 p.m.–4:55 p.m.

Section # 8290

Section # 8338

4:30 p.m.–5:25 p.m.

Section # 8302

Section # 8350

10:00 a.m.–10:55 a.m.

Section # 8308

Section # 8356

## Preschool 3

\$128

Boys and girls ages 5 to 6 years transition to larger-sized equipment, preparing students for beginner classes in the big gym. (8 hours) Course R 06579.

#### Tuesdays

Aug. 24–Oct. 12

Oct. 19–Dec. 14

#### Wednesdays

Aug. 25–Oct. 13

Oct. 20–Dec. 15

#### Saturdays

Aug. 28–Oct. 16

Oct. 23–Dec. 18

5:00 p.m.–5:55 p.m.

Section # 8287

Section # 8335

6:00 p.m.–6:55 p.m.

Section # 8292

Section # 8340

11:00 a.m.–11:55 a.m.

Section # 8309

Section # 8357

## Trampoline & Tumbling

\$128

Students learn the basics of proper tumbling and trampoline skills using drills and proper progressions. This is suited to any level and useful for prospective cheerleaders. (8 hours) Course R 06580.

#### Mondays

Aug. 23–Oct. 11

Oct. 18–Dec. 13

6:30 p.m.–7:25 p.m.

Section # 8275

Section # 8323

## Multi-Class Discount

\$107

Student may register for a second one-hour class each week for a discounted price. Permission is required to ensure space is available in the selected course. (8 hours) Course R 06574

#### Sessions

Aug. 23–Oct. 16

Oct. 18–Dec. 18

Section # 8316

Section # 8364

## Gymnastics Late Term

\$96

If you did not register at the beginning of the term and missed the first two classes, you can register for the last six weeks of a session in a class that has space. This class is by permission only; call 850-484-1797 for details and scheduling. (6 hours) Course R 06573.

#### Sessions

Sept. 6–Oct. 16

Nov. 1–Dec. 18

Section # 8315

Section # 8363





## MOTORCYCLE SAFETY

### Motorcycle Safety Foundation, Basic Rider Course

**\$235**

The Motorcycle Safety Foundation Basic Rider course is a complete course of instruction for those who wish to develop safe street-riding skills and obtain a motorcycle endorsement. Online and classroom learning is combined with motorcycle riding activities on an approved training range. The riding skills evaluation and the written exam will need to be successfully completed to receive a Basic Rider Course Completion Card. Course handbook, insurance, helmet and motorcycle are provided. Students must wear long-sleeved shirt or jacket, full-fingered gloves, long pants and sturdy footwear which covers the ankles. (May bring your own DOT/Snell Foundation approved helmet.) Students must be at least 15 years of age and hold a valid Florida learner's permit for 6 months in order to participate in this course. Motorcycles and instruction are provided by Bobby Little and Southern MotorSports Safety. (15 hours) Course R 04404.

**Saturday/Sunday  
Bldg. 96, Room 9663  
Dates**

August 7-8  
August 14-25  
August 21-22  
August 28-29  
September 4-5  
September 18-19  
September 25-26  
October 2-3  
October 9-10  
October 16-17  
October 23-24  
October 30-31  
November 6-7  
November 13-14  
November 20-21  
November 27-28  
December 4-5

**7:00 a.m.–5:00 p.m.  
Pensacola Campus  
Section #**

8000  
8001  
8002  
8003  
8004  
8006  
8007  
8008  
8009  
8010  
8011  
8012  
8013  
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8017

### ProRider Advanced Skills Course

**\$195**

This course is intended for experienced motorcycle riders who have a firm grasp of the basic skills of operating a motorcycle, but desire to become a better, safer, more confident rider. This is a challenging course, so riders must have physical stamina to withstand a full day on the range. Riders will learn to "bond" with their personal motorcycle, becoming familiar with the bike's full capabilities and limitations. Practice braking, evasive maneuvers, and hazard avoidance exercises that may save your ride from serious damage, injury or death. This course will incorporate the techniques learned and mastered by police motorcycle officers and will improve riding abilities of even the most seasoned rider. At the end of the course, successful participants will receive a completion certificate, having achieved a refined skill set and newfound confidence. Prerequisites/Requirements: Must have intermediate skills and license with a motorcycle endorsement. Must have your own motorcycle (must be street legal) with valid registration, inspection where applicable, and valid insurance coverage. Must provide your own protective gear including DOT approved helmet, above the ankle boots (no sneakers), gloves, durable long pants (no athletic pants of any kind). (8 hours) Course R 06560.

**Saturdays  
Bldg. 96/9663  
Dates**

August 21  
September 18  
October 30  
November 20

**8:00 a.m.–5:00 p.m.  
Pensacola Campus  
Section #**

8020  
8024  
8030  
8033





## REGISTRATION INFORMATION

### ONLINE

Web registration is available to everyone. Go to [ce.pensacolastate.edu](http://ce.pensacolastate.edu). Click "Register Now" button.

### WALK IN

Register in person at any PSC campus Registration Office: Pensacola, Building 2 or 96; Milton, Building 4200; Warrington, Building 3600. Walk-in registration: 7:30 a.m.–4:00 p.m., Monday–Friday

### BY MAIL

Mail your completed Continuing Education registration form, with payment information (do not send cash) to: Pensacola State College Cashier Office, 1000 College Blvd., Pensacola, FL 32504. Mail-in and night depository registration available at all times.

### STUDENT ACCOMMODATIONS

Students with special needs must notify the Continuing Education Department a minimum of two business days before the course start date so appropriate accommodations can be arranged.

### REFUNDS

To receive a refund for a course, students must withdraw prior to the second scheduled class meeting. For workshops, conferences, seminars and special training programs, students must withdraw prior to the first scheduled class meeting. Call 850-484-1797 to drop a course.

*Don't see what you want?*

*Send us your suggestions!*

*[ce@pensacolastate.edu](mailto:ce@pensacolastate.edu) or call 850-484-1797.*

**Follow us online for updates!**



**Continuing Education–Recreational**



**#PSC\_ContinuingEd**

***Do you have a skill and a passion  
in a recreation and leisure subject?***

***Are you willing to share this  
with the community?***

**Contact the Continuing Education office  
at 850-484-1797  
to discuss your course ideas.**

## PENSACOLA STATE COLLEGE CONTINUING EDUCATION REGISTRATION FORM

Student ID or SSN \_\_\_\_\_ Last Name \_\_\_\_\_ First \_\_\_\_\_ Middle \_\_\_\_\_ Date of birth (MM/DD/YY) \_\_\_\_\_

Please review and initial the SSN Collection Statement on the reverse side of this registration form.

PARENTS REGISTERING CHILDREN: Please do not use your SSN to register your child. If you do not wish to provide your child's SSN, the Registrar's Office will assist you with the registration without the SSN.

Address \_\_\_\_\_  
Number/Street/Apartment \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

Home Telephone \_\_\_\_\_ Email \_\_\_\_\_

### Gender:

- ☐ Male  
☐ Female

### Ethnicity:

Are you Hispanic/Latino  
☐ Yes ☐ No

### Check all that apply:

- ☐ White ☐ Asian ☐ American Indian or Alaskan Native  
☐ Black or African American ☐ Native Hawaiian or other Pacific Islander

### Citizenship:

- ☐ United States ☐ Permanent Resident; provide Resident Alien Number \_\_\_\_\_  
☐ Other country: \_\_\_\_\_ ☐ Other immigrant; provide current Visa type and expiration \_\_\_\_\_

If you are **not** a United States citizen, indicate current Immigration status:

Section	Course Title	Date Class Begin	Section	Course Title	Date Class Begins

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Mailing your registration? Complete this section and mail to Pensacola State College Cashier's Office, 1000 College Boulevard, Pensacola FL 32504-8998

Payment Amount \$ \_\_\_\_\_ Payment Method: ☐ Check ☐ Money Order ☐ Visa ☐ Mastercard ☐ American Express

Credit Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Signature as it appears on credit card \_\_\_\_\_

Rev. 3/4/11

\* Required and authorized by Title IV of the Higher Education Act of 1965, as amended (§§483 and 484); 20 USC 1078, 1090, 1091 & 1092; 34 CFR 668.16; 34 CFR 668.33; 34 CFR 668.36; 34 CFR 668.32(i) and 34 CFR 668.36. For additional information go to <http://www.pensacolastate.edu/students/docs/SSNpolicy.pdf>. Initials



Recreation and Leisure —  
Continuing Education  
1000 College Blvd.  
Pensacola, FL 32504

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U.S. Postage  
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Permit #88  
Pensacola, FL



# CENTERforCORPORATE andPROFESSIONAL DEVELOPMENTtraining

For schedule information,  
call 850-484-1374  
or visit  
[pensacolastate.edu/CCPT](https://pensacolastate.edu/CCPT)



[PensacolaState.edu/CCPDT](https://PensacolaState.edu/CCPDT)